

Rawalpindi Women University

Issue 8
Apr-Jun, 2023

Newsletter



Vice Chancellor's Message

It is indeed a pleasure for me to present to you the eighth newsletter of the University. The first edition of the newsletter came out two years ago and we have seen a tremendous amount of growth in the University on the academic and extra-curricular front and one such achievement is the acquiring of "No Objection Certificate" from HEC for the commencement of MPhil program in a number of departments in the University. This has now been made part of the admission program for the first pioneer batch of MPhil students to join the University. Gradually moving forward to welcome our new faculty, the hiring process was activated and the selection board was held, besides, we also had to bid farewell to the Higher Education Department (HED) teaching and non-teaching employees. A tribute to all our worthy HED fellows is given in a farewell arranged for them and we expressed our heartfelt appreciation for their contributions to Rawalpindi Women University (RWU) and playing their role alongside us to make a firm foundations for this University to go a long way in future with all its might.

Spring semester is linked with two activities, preparing for the new batch joining in Fall Session and closing of the semester for the graduating students. RWU participated in Education Expos namely "The Peace Career Expo 2023" held in Haripur and News Education Expo held in Islamabad to showcase the University and its academic programs and it generated a lot of interest in our prospective student groups. On the other hand a Job Fair was organized bringing different organizations to the final year students for a healthy interactive session so that the graduating batch can have free flow of information to enlighten their professional acumen. The University held its 2nd Inter University competition titled "RWU Rising Pakistan 2023" that we started last year attracting participants from 11 Universities in four different competitions and this year we are proud to have expanded not only our competitions to 23 different modules but also to have attracted participation from 24 different Universities of the region. The competition ranged from sports to drama, singing, debating, wall graffiti, computer programming, videography and a lot more encouraging leadership skills and team building amongst the students. We look forward to a vibrant and thriving University that can play its role in nation building by bringing a positive impact and change in their personal and professional lives as active members of the society, InshaAllah!



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Prof. Dr. Anila Kamal
(Vice Chancellor, RWU)

Editors

Huma Rauf
(Director, Student Affairs)

Khadija Saeed
(Additional Director, Student Affairs)

Saba Kayani
(Assistant Director, Press, Media, and Publications)

Rawalpindi Women University, Rawalpindi, Pakistan

Website: <http://www.rwu.edu.pk>

Facebook: @rawalpindiwomenuniversity

Instagram: @rwuofficial

RWU Milestones

HEC approval for MS and M.Phil Programs

Under the research-driven leadership of Vice Chancellor Prof. Dr. Anila Kamal, Rawalpindi Women University obtained approval of M.Phil and MS Programs by Higher Education Commission (HEC). In a short span of time RWU has achieved this milestone which highlights university's commitment to provide students with cutting-edge research opportunities and to prepare them for successful careers. The programs include M.Phil in Botany, Chemistry, Physics, Zoology, Mathematics, Statistics, Psychology, English (Linguistic), Media & Communication Studies, and MS Management Sciences and are scheduled to be launched in the Fall semester of 2023.

External Assessment Audit

June 20, 2023: To ensure quality education, RWU's Quality Enhancement Cell organized an External Assessment Audit for its departments of Zoology, Chemistry, Botany, Mathematics, and Business Administration. The external assessment team gave feedback focused on providing measures to enhance overall education and research quality, which will be implemented to maintain the RWU position as a reputable higher education institution in Pakistan.



RWU Participations

Dr. Sadia as expert Speaker in a meeting on "Annual State of the Renewable Energy 2023-24"

April 03, 2023: Dr. Sadia Hanif (IPFP Fellow, Department of Business Administration) has participated as Expert Speaker in a meeting on "Annual State of the Renewable Energy 2023-24", conducted by Sustainable Development Policy Institute (SDPI) in Islamabad. She was invited to suggest how to overcome project delays in cost and schedule due to mismatched policies and planning structure of GoP.



Inauguration Ceremony of PhD Country Directory Online System

April 11, 2023: Vice Chancellor RWU, Prof. Dr. Anila Kamal, attended the inauguration ceremony of the PhD Country Directory Online System at the HEC Secretariat. The online system automates the conventional PhD Country Directory (PCD) setup, making the registration process more efficient for Pakistani PhD scholars. With this system, PhDs can be included in the HEC data within a few days through university focal persons, without the need for hard form submissions.

Vice Chancellor Moderates Panel on International Student Life at PHEC Convention



May 17, 2023: Prof. Dr. Anila Kamal, Vice Chancellor RWU and a distinguished expert in gender psychology, moderated the panel discussion "Life of International Students in Pakistan," on first International Students Convention organized by PHEC and graced by the esteemed presence of Governor Punjab, Hon'ble Muhammad Balighur Rehman. Dr. Anila shed light on the topic focusing on the challenges of cultural shock. The panelists



were international students from Yemen, Sri Lanka, UAE, China, Iran, Kashmir and Afghanistan. Dr. Anila appreciated the innovative idea of Prof. Dr. Shahid Munir, Chairman PHEC for providing an exceptional platform for cultural exchange, fostering understanding, and promoting global fellowship. Governor Punjab, Baleegh-ur-Rehman, presented a shield to Dr. Anila.

Dr. Raza Ullah Addresses "Creating Safe and Inclusive Campuses" at the University of Gujrat

June 19, 2023: Dr. Raza Ullah, In-Charge Department of Sociology, attended an interactive session with the students of the University of Gujrat. The session focused on the topic of "Creating Safe and Inclusive Campuses." Dr. Raza emphasized the significance of safe and inclusive environments on campuses, highlighting their importance for both teachers and students.



Bullying and its Effects on Victims

June 21, 2023: Prof. Dr. Anila Kamal, Vice Chancellor RWU, delivered a lecture at Military College Murree on the topic of "Bullying and its Effects on Victims". The lecture emphasized the importance of understanding bullying behavior and highlighted effective strategies to address and prevent it. Dr. Anila shed light on the emotional, psychological and social consequences that victims endure.



Vice Chancellor attends Consortium Meeting on Drugs and Narcotics

June 22, 2023: Prof. Dr. Anila Kamal, Vice Chancellor RWU, attended a consortium meeting on "Drugs and Narcotics." The meeting was held under the chairmanship of Hon'ble Governor Punjab, Muhammad Baleegh-ur-Rehman, at the Governor's House, Lahore.



Honors and Awards

1st Position in Quiz Competition

April 10, 2023: Iqra Rasool from the Political Science Department won 1st position in the quiz competition organized by Young Peace and Development Corps (YPDC) - University of Chakwal.

Gold Medal in 36th National Rowing Championship

May 20, 2023: Faryal Fakhar (From Department of English semester 2nd) and Ayesha Shairdad (From Department of Mathematics semester 6th), secured Gold Medal in the 36th National Rowing Championship under HEC's flag at Rawal Dam, Islamabad.



Medals in Machine Rowing Category

May 24, 2023: Ayesha Sheirdad, a talented athlete from the Department of Mathematics Semester 6th, secured two Bronze Medals in the Machine Rowing category of 34th National Games in Quetta 2023 under HEC's flag at Liaquat Gymnasium Sports PUSB.



Conferences

Dr. Azka Khan presents paper at International Conference

May 19th-20th, 2023: Dr. Azka Khan, Asst. Prof. Department of English, presented a paper at 1st International Conference on Interplay of Social Science Research, Responsible Management and Sustainable Future organized by The University of Haripur and Hazara University Mansehra. The two day conference was attended by many faculty members from Rawalpindi Women University. The conference was held at the Bara Gali Campus of Peshawar University which made it an intellectual cum recreational tour.

Ms. Nabiha Muzaffar presents paper on "Black Holes: Under the Umbrella of 'To Be' or 'Not to Be'"

May 19-20, 2023: Ms. Nabiha Muzaffar, Lecturer Department of Fine Arts, presented a paper titled "Black Holes: Under the Umbrella of 'To Be' or 'Not to Be'" at the "1st International Conference on the Interplay of Social Science Research, Responsible Management, and Sustainable Future." The conference was held at the Bara Gali Campus of the University of Peshawar organized by the University of Haripur in collaboration with Hazara University, Mansehra. Ms. Nabiha highlighted the expression of nothingness and "Hast u Nist" in the theory of black holes, emphasizing that they cannot be directly observed with the eye.



Ms. Tehreem Ali presents paper on Green Cosmetics at International Conference on Sustainability

May 22, 2023: Ms. Tehreem Ali, Lecturer Department of Business Administration, presented the paper titled "Attitude towards Green Cosmetics: Linking Green Brand Positioning and Green Consumption Values with Green Purchase Intention" at "1st International Conference on Interplay of Social Science Research, Responsible Management, and Sustainable Future" held at University of Peshawar, Bara Gali Campus. Her research emphasized studying consumer response to environmental awareness on using green cosmetic products to respond to global ecological issues and United Nation SDGs.

Ms. Jaweria Tariq presents paper on “Examining the Impact of Workplace Bullying on Organizational Culture of Private Banks of Pakistan”

May 22, 2023: Ms. Jaweria Tariq, Lecturer Department of Business Administration, presented the paper titled “Examining the Impact of Workplace Bullying on Organizational Culture of Private Banks of Pakistan” at “1st International Conference on Interplay of Social Science Research, Responsible Management, and Sustainable Future” held at University of Peshawar, Bara Gali Campus. Her research study focused on the Impact of Workplace Bullying in individualistic and collectivistic culture.



Vice Chancellor joins National Peace Conference

June 08, 2023: Prof. Dr. Anila Kamal, Vice Chancellor RWU, attended “National Vice Chancellors’ Peace Conference: Inter Academia Parliamentary Peace Discourse” organized by the Shaoor Foundation for Education & Awareness (SFEA) in collaboration with National Counter Terrorism Authority (NCTA) and Higher Education Commission at Islamabad. Dr. Anila’s participation highlighted her commitment to promote peace through education and academia’s role in fostering a culture of tolerance and understanding.



Trainings and Workshops Outside RWU

Improving Gender Equality in Pakistan Higher Education Leadership and Decision Making

May 04-05, 2023: Prof. Dr. Anila Kamal, Vice Chancellor, RWU, attended a workshop organized by Quaid-i-Azam University and Gloucestershire University UK under British Council Project on “Improving Gender Equality in Pakistan Higher Education Leadership and Decision Making”. Dr. Anila shared her insights and measures for improving gender equality in higher education and decision making. Dr. Raza Ullah, In-charge Department of Sociology, is also a member of the Pakistani team in the project.



May 08-09, 2023: Dr. Raza Ullah, In-Charge Department of Sociology, attended the second consultative workshop and stressed that women should be given fair and equal chances in every sphere of life.

Asia-Pacific Training Workshop

May 19, 2023: Dr. Shazia Shamas, Asst. Prof. Department of Zoology, has completed the prerequisite course for 2023 Asia-Pacific training workshop on EIU, organized by the Asia-Pacific Centre of Education for International Understanding.

Empowering Women in Geospatial Information Technology Training

June 2023: Dr. Sadia Malik, Lecturer Department of Botany, successfully participated and completed 4 day training on Empowering Women in Geospatial Information Technology-2023 organized by International Centre for Integrated Mountain Development (ICIMOD) Nepal.

Trainings and Workshops at RWU

Pre-Conference Workshops at RWU

The RWU departments arranged pre-conference workshops in collaboration with the Office of Research, Innovation and Commercialization (ORIC).

Two days Hands on Training on Computational Tools

May 16-17, 2023: The Department of Chemistry organized a two-day pre-conference workshop titled "Hands-on Training on Computational Tools" in a hybrid mode. On the first day Prof. Dr. Anila Kamal, Vice Chancellor RWU, graced the event as chief guest. Prof. Dr. Romana Qureshi, Quaid-i-Azam University and Dr. Azra Yaqoob, PINSTECH enlightened participants about the fundamental concepts of molecular orbital theory. The workshop witnessed the participation of 160 attendees from various universities across Pakistan.



On the second day Prof. Dr. Ishrat Jabeen, NUST and Dr. Saima Kalsoom, Arid Agriculture University trained participants in hands-on sessions using Pyrol and Pyrex software. The guests distributed shields to the resource persons and certificates to the organizers and participants.

Workshop on Big Data

May 17, 2023: The Department of Computer Science and Information Technology hosted a "Pre-Conference Workshop on Big Data". The event aimed to equip senior students from the CS and IT departments with valuable knowledge and understanding of Big Data, fostering their enthusiasm in this field. The keynote speaker, Mr. Sameer Ali, CEO of ACADIA, delivered an informative session covering various aspects including Big Data Analytics and Big Data Tools.

In-House Training on Procurement Procedure

May 23, 2023: Rawalpindi Women University organized an In-House Training on "Procurement Procedure" in collaboration with Institute of Tender Management. The resource person of the training was Dr. Irfan Ahmad, CEO Tender Service Pakistan. Dr. Ahmad enlightened the participants on the intricacies of procurement with his extensive knowledge and expertise ensuring a valuable learning experience. Prof. Dr. Anila Kamal, Vice Chancellor RWU, presented a shield to Dr. Irfan.



Hands on Training on Scientific Writing Tools and Statistical Analysis

May 25, 2023: The Department of Botany organized a pre-conference workshop titled "Hands-on Scientific Writing and Statistical Analysis." Assistant Professors Dr. Madiha Chaudhry and Dr. Naureen Ilahi from Virtual University Islamabad guided participants to gain hands-on experience in scientific writing and referencing tools using endnote software as the resource persons. The workshop witnessed the participation of around 130 participants.



Workshop on Optics

May 25, 2023: The Department of Physics organized a one-day workshop on "Optics". Dr. Imrana Ashraf, Quaid-e-Azam University Islamabad and a renowned expert in the field was the guest speaker. The workshop provided hands-on training on topics such as light sources, scattering, reflection, refraction, fiber optics, interference, and diffraction. Participants also learned about measuring stress with polarizers.



Mathematical Computation and Simulation Workshop

May 29, 2023: The Department of Mathematics organized a Pre-Conference Workshop titled "Mathematical Computation and Simulation Workshop". Speakers, Prof. Dr. Nabeela Kousar from Air University Islamabad and Associate Prof. Dr. Hina Sadaf from EME NUST Islamabad, led the workshop, which attracted 131 candidates from various universities, including faculty members and students. The workshop covered the fundamentals of Mathematical and MATLAB, focusing on symbolic and numeric computation, visualization, and graphical representation of mathematical data. Participants also learned how to solve differential equations using MATLAB Simulink.



Workshop on HR Analytics

May 30, 2023: The Department of Business Administration organized a pre-conference workshop on HR Analytics. Dr. Osman Sadiq Paracha from the University of Wah as the resource person guided participants to gain hands-on experience in HR Analytics using Power BI and R-Studio to create interactive dashboards.



Workshop on Genomic Techniques

May 31, 2023: The Department of Zoology organized a workshop on "Genomic Techniques" as part of a series of Pre-conference workshops. Renowned scientists, Dr. Shaheen Shahzad and Dr. Madeeha Rasheed from International Islamic University Islamabad, served as resource persons. The workshop covered topics such as DNA extraction, primer designing, PCR, RT-PCR, and included lab-oriented sessions and presentations. Over 80 participants from various universities attended the workshop.



Two Days Preparatory Workshop on International GRE Physics

June 01-02, 2023: The Department of Physics organized a "Two Days Preparatory Workshop on International GRE Physics" in which Seven resource persons from the National Center for Physics (NCP) were invited. Dr. Usman



Hassan, Dr. Ali Ahmed, Dr. Ambreen Uzair conducted lectures on the first day covering the fields of Classical Mechanics and Quantum Mechanics. On the second day, Dr. Shaheen Iqbal and Dr. Bilal Tariq, Scientific Officers, conducted the lectures on EMT and Experimental Physics. Dr. Mohsin Siddiq, Director of Theoretical Physics Department NCP and Dr. Ishaq Ahmed Director General of Center for Excellence NCP joined in the closing ceremony of workshops. All speakers covered the key points of test pattern, syllabus, and scoring in their lectures on International GRE Physics, including interactive sessions where they solved sample questions on the board.

Two Days Hands-on Workshop on Data Analysis using Statistical Techniques

June 01-02, 2023: The Department of Statistics organized "Two Days Hands on Workshop of Data Analysis using Statistical Techniques". Dr. Saba Anwar, Senior Research Economist (PIDE), and Dr. Hafsa Hina, Assistant



Professor (PIDE), led the workshop. On the first day, the workshop covered the Fundamental Statistical Techniques using Eviews Software. Prof. Dr. Anila Kamal, Vice Chancellor RWU, distributed the shields to the Resource Persons. Faculty members and students from various universities were in attendance. The second day of the workshop consisted of programming with Python and MATLAB. Dr. Ambreen Bano, Asst. Prof. Riphah International University trained regarding Data Processing and Visualization using MATLAB. Ms. Hajra Murtaza, Lecturer Riphah International University, imparted the hearers about Data Manipulation with Python.

Hands-on Training on Spectroscopic Techniques

June 02, 2023: The Department of Chemistry organized a workshop titled "Hands-on Training on Spectroscopic Techniques." Dr. Jaweria Ambreen from COMSATS University and Dr. Erum Jabeen from Allama Iqbal Open University served as resource persons, providing guidance on overcoming challenges in spectrophotometric measurements. The workshop had 100 participants from various universities in Pakistan.



Workshop on Quantitative Research

June 06, 2023: The Department of Business Administration organized a pre-conference workshop on quantitative research with practical experience using the advanced statistical tool AMOS Administration. Prof. Dr. Sajid Bashir, HOD, Department of Management Sciences, Shifa Tameer-e-Millat University, Islamabad, was the resource person and Dr. Rafique from Air University accompanied him as an assistant resource person. The workshop drew participation of researchers, faculty, and students from across the country as well as online attendees from Occupied Kashmir and Spain.



International Humanitarian Law workshop

June 07, 2023: The Department of Media & Communication studies arranged "International Humanitarian Law workshop" with the collaboration of International Committee of Red Cross (ICRC). ICRC legal Advisor Ms. Amena Gillani discussed the Law related to armed conflict areas and war zones for better reporting and good journalism. HoD Media & Communication studies, Dr. Noman Ansari gave a thorough feedback followed by a Q&A session. Workshop ended with certificate distribution among students by ICRC.



Seminars and Webinars

Talk on Erasmus+ Scholarships and Study in Europe

April 11, 2023: Dr. Aliya Shahzade, Assistant Professor, International Islamic University Islamabad, delivered an informative talk on Erasmus+ scholarship opportunities and studying in Europe, emphasizing the creation of a high-quality application. The event, organized by the Department of Chemistry, attracted a large number of students and faculty members.



Seminar on Girls Outperforming Boys in Education

April 11, 2023: The Department of Sociology held a seminar on "Girls Outperforming Boys in Education: A Cultural Transformation in Pakistani Society". The seminar aimed to highlight the success of girls in the field of education. Dr. Raza Ullah, Asst. Prof. Department of Sociology, discussed how girls are now performing better than boys academically at school and college levels. Dr. Aisha Bhatti, In-charge Department of Sociology, also shared her views on this gender reverse change in education.



Lab Safety Protocols Talk

April 19, 2023: Dr. Farzana Shaheen, Lecturer at Allama Iqbal Open University, discussed lab safety protocols during an event organized by the Department of Chemistry. She emphasized the importance of these protocols for students working in laboratories, and the talk was well-attended by both faculty members and students.



Seminar on Hydrogel Development for Water Decontamination

May 02, 2023: Dr. Muhammad Ajmal, Assistant Professor, University of Education, delivered an informative talk on the development of hydrogels for water decontamination. The seminar, organized by the Department of Chemistry, sparked students' interest in research. The event was well-attended by faculty members and a significant number of students.



Seminar on Phylogenetic Analysis Using MEGA Software

May 17, 2023: Dr. Shazia Rehman, Lecturer, Department of Botany conducted a seminar on "Phylogenetic Analysis" with a focus on utilizing the MEGA software. The seminar enabled both faculty and students from the Department of Botany to gain proficiency in constructing phylogenetic trees using the MEGA software.

Seminar on Genbank: Submitting Biological Data

May 30, 2023: The Department of Botany conducted an informative seminar on Genbank, focusing on the submission of biological data, led by Lecturer Dr. Sadia Malik, with attendance from all faculty members and students.

Seminar on Tools for the Study of Taxonomy: Herbaria

May 31, 2023: The Botany Department organized a seminar focused on the "Tools for the Study of Taxonomy: Herbaria," featuring a lecture by Assistant Professor Dr. Mamoon Munir. During the session, students gained insights into species classification through the use of various tools.



Seminar on "Data Analytics and Business Intelligence"

May 31, 2023: The Department of Business Administration organized a seminar titled "Data Analytics and Business Intelligence," featuring Dr. Malik Aamir Arsalan and Dr. Muhammad Asif Razzaq, Assistant Professors from the Department of Software Engineering and Computer Science at Fatima Jinnah Women University. The seminar focused on data analytics and its practical use in the business realm. Participants learned how to utilize data for informed decision-making and harness the power of business intelligence.

Seminar on "Understanding Everyday Life with the help of Sociological Theories"

May 31, 2023: The Department of Sociology organized a seminar on "Understanding Everyday Life with the help of Sociological Theories". Prof. Dr. Hazir Ullah, Director of the School of Sociology at Quaid-i-Azam University, Islamabad, was the guest speaker who explained the significance of sociological theories in everyday life. Students and faculty from various departments were in attendance.

Seminar series on "Various Biological Data Analysis Tools"

16-17 and 30-31 May, 2023: The Department of Botany organized a seminar series on "Various Biological Data Analysis Tools" comprising four sessions. In-charge Dr. Mamoon Munir, Asst. Prof. Dr. Benazir Ahsan, Lecturer Dr. Sadia Malik, and Lecturer Dr. Shazia Rehman from the Botany Department served as the resource person. The students enthusiastically attended all sessions, displaying a keen interest in learning these techniques.

Seminar on guidance on Central Superior Services (CSS)

June 06, 2023: The department of Political Science arranged a seminar to provide complete guidance on Central Superior Services (CSS) and Provincial Management Services (PMS) examination. Mr. Ghulam Murtaza Pitafi, In-Charge Department of Political Science, discussed the aim, objectives, syllabus and process of the examinations and also suggested strategies for the better preparations of the examinations followed by an Q&A session.



Seminar on the Role of Women in Society

June 06, 2023: The Department of Psychology organized a seminar featuring Raja Zia-Ul-Haq, CEO of Youth Club, who discussed the role of women in society from an Islamic perspective. The event attracted a substantial audience of faculty and students.



World Food Safety Day

June 07, 2023: A seminar was arranged with reference to “World Food Safety Day” by the Department of Zoology in collaboration with the Fleming Fund country grants programme of Food and Agriculture Organization and World Health Organization. A distinguished panel of resource persons, including experts from various fields, shared their insights. The seminar focused on food security, contamination prevention, and antibiotic resistance.



Industrial and External Linkages

RWU Partners with DIYA Foundation



April 06, 2023: Rawalpindi Women University has a Memorandum of Understanding (MoU) with DIYA Foundation. Through this collaboration, the students of Rawalpindi Women University will have access to a



range of opportunities to enhance their academic and professional development. Scholarships for the students of Rawalpindi Women University. In addition to providing scholarships, DIYA foundation will also offer paid internships, social welfare and community service to the students of Rawalpindi Women University.

MoU Between RWU and Aspire Institute, Harvard: A Path to Knowledge Exchange

April 19, 2023: The First International Memorandum of Understanding (MoU) with the Aspire Institute of Harvard marks the start of a strong and productive international partnership. The MoU sets the stage for an extensive exchange of knowledge, collaborative research initiatives, and academic synergy. Both parties seek to leverage each other's strengths to enhance educational opportunities and promote women's empowerment in the region. The MoU was signed by Prof. Dr Anila Kamal, Vice Chancellor Rawalpindi Women University and Ms. Meena Sonea, Executive Director of Aspire Institute, Harvard.

RWU's Educational Collaboration with Turkish Maarif Foundation



May 23, 2023: Rawalpindi Women University signed an Memorandum of Understanding (MoU) with TÜRKİYE MAARİF VAKFI (Turkish Maarif Foundation) encompassing its International schools and colleges. The partnership extends substantial discounts to the children of RWU employees and



facilitates opportunities for student exchange programs, collaborative research, and faculty development. The MoU was signed by Prof. Dr Anila Kamal, Vice Chancellor Rawalpindi Women University and Mr. Fazlı Püskül, Regional/Country Director of TÜRKİYE MAARİF VAKFI.

MoU between RWU and Women Media Center

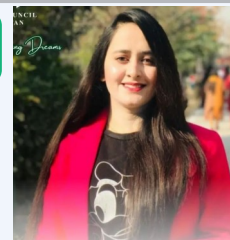
June 05, 2023: Rawalpindi Women University and Women Media Center, Karachi has Joined Hands by signing a Memorandum of Understanding (MoU). The collaboration aims to enhance the university's media department and create opportunities for students, including knowledge exchange, real-world media exposure, internships, and professional mentoring programs. The MoU was signed by Prof Dr. Anila Kamal, Vice Chancellor RWU, and Ms. Fauzia Shaheen, the CEO of Women Media Center.



Extra and Co-Curricular Activities

Student Chapter of Youth Council Pakistan

April 08, 2023: Saba Javed, representing Rawalpindi Women University, has assumed the role of Campus Head for the Youth Council Pakistan. Her appointment marks a new chapter in the university's engagement with this nationally recognized platform.



Lecture on "The State of Journalism & Investigation Reporting in Pakistan"

April 27, 2023: The Department of Media & Communication Studies hosted a guest lecture on "The State of Journalism & Investigative Reporting in Pakistan". Mr. Saqib Sagheer, Senior Crime and Investigative Reporter of Jang and Geo News, shared his expertise on the prospects and challenges of modern-day investigative reporting. He also discussed the Right to Information (RTI) Act and its benefits for journalists.

Second Annual Job Fair

May 03, 2023: Rawalpindi Women University organized its 2nd Annual Job Fair, which aimed to provide a platform for students to connect with potential employers and explore career opportunities. The President of Rawalpindi Chamber of Commerce and Industry (RCCI), Mr. Saqib Rafiq, graced the occasion as the Chief Guest. Many national and international companies set up their stalls to interact with students in their final semester for employment, internship, and training purposes. Students submitted their resumes and several on-spot interviews were also held. The Chief Guest along with Dr. Anila then distributed appreciation shields to participating companies.



Awareness Session on Women's Health

May 03, 2023: Directorate of Student Affairs RWU organized an awareness session on Women's Health in collaboration with Shifa International Hospital led by Dr. Arooj Akram (Women's Health Awareness Lead). The session focused on the importance and prioritization of women's physical and mental health & well-being. Dr. Arooj discussed various topics, including common health issues like Stroke, Cardiac Conditions, Reproductive Health, their preventive measures, and lifestyle changes that can help promote good health.



Essay Competition on 'Knowing Kazakhstan'

May 05, 2023: Urwa Burney (from BS English semester 8th) and Laiba Nawaz (from BS Computer Science semester 4th) participated in the 'Knowing Kazakhstan' essay competition organized by the Embassy of Kazakhstan in collaboration with the Institute of Peace and Diplomatic Studies. Their writing skills were acknowledged during a certificate distribution ceremony hosted at the Embassy of Kazakhstan in Islamabad.



Dr. Nisar Turabi's Book Launch

May 08, 2023: The launch ceremony of Dr. Nisar Turabi's book "تحقیقی و تخلیقی زاویے" was held at Rawalpindi Women University in collaboration with the National Book Foundation. Mr. Farrukh Raja; prominent poet, writer and former Principal Government Associate College Rawalpindi, Dr. Ghulam Rasool Zahid, Additional IG Punjab

Police and Ms. Farkhanda Shamim, Ex-Controller PTV News Islamabad, participated as guests of honor. Prof. Dr. Anila Kamal, Vice Chancellor RWU, congratulated Dr. Nisar and stressed that efforts need to be made to promote book reading and Urdu language among our youth. Dr. Nisar Turabi thanked Dr. Anila and National Book Foundation for organizing the book launch.



RWU Rising Pakistan (Inter-University Competition)

May 09, 2023: Directorate of Student Affairs RWU organized "RWU Rising Pakistan 23 (Inter-University Competition)" aimed at providing a platform for the students to showcase their talents and skills. The event witnessed the participation of 24 universities from all over Pakistan, who competed in a wide range of events. The winners were awarded with cash prizes, shields and certificates.



Winners of RWU Rising Pakistan 2023

Event	Names	University
Speed programming	M. Awais Mustaq 1st	Arid Agriculture University, Rawalpindi
	Ishrat Jahan 2nd	Rawalpindi Women University
	Khadija Basit 1st	Rawalpindi Women University
	Ayehsa Malik 2nd	Rawalpindi Women University
Speed Programming	Ikram + Usama 1st	Dr. A. Q Khan Institute Of Computer Sciences And Information Technology (KICSIT, Ist)
	Areeba + M.Ahemd 2nd	Dr. A. Q Khan Institute Of Computer Sciences And Information Technology (KICSIT, Ist)
Tug Of War	Tehreem 1st	Rawalpindi Women University
	Nimra 2nd	International Islamic University
Hurdle Race	Laiba Imtiaz 1st	Rawalpindi Women University
	Faish 2nd	Arid Agriculture University
Volley Ball	Zainab 1st	International Islamic University
	Namra 2nd	Rawalpindi Women University
Qiraat	Qari Ghulam Abbas 1st	Arid Agriculture University
	Maryam Tahir 2nd	Fatima Jinnah Women University
Ludo (single)	Salma Noreen 1st	Rawalpindi Women University
	Isma Bibi 2nd	Rawalpindi Women University
English Debate (Serious)	Nimra Naeem 1st	Dr. A. Q Khan Institute Of Computer Sciences And Information Technology (KICSIT, Ist)
	Ayesha Zaheer 2nd	Rawalpindi Women University
(Humrous)	Aman-Ullah Khan 1st	Quaid E Azam University
Urdu Debate (Serious)	Noman Ali 1st	Abdul Wali Khan University, Mardan
	Husnain Yousafzai 2nd	Abdul Wali Khan University, Mardan
(Humrous)	Jawaria Amjad 1st	Rawalpindi Women University
	Areeba Baktwar 2nd	Rawalpindi Women University
Bait Bazi	Hamna Usman & Humaira 1st	Arid Agriculture University
	Nouman Ali 2nd	Abdul Wali Khan University, Mardan
Naat	Anila Hussain 1st	Arid Agriculture University
	Jawaria Maryam 2nd	Rawalpindi Women University
Poster Design - Biodiversity	Umaina Eshan (Team 9) 1st	Rawalpindi Women University
Sketching	Aina Mirza 1st	Rawalpindi Women University
	Usama Khan 2nd	Abdul Wali Khan University, Mardan
Dumb Shrades	Team From RWU	Rawalpindi Women University
	Team From Hitech 2nd	HITECH University
Singing	Hussnain Ali 1st	HITECH University
Badminton (Double)	Aqsa Areesha 1st	International Islamic University
	Ishma Mishal 2nd	International Islamic University
Badminton (Single)	Jawaria 1st	International Islamic University
	Muskan 2nd	Rawalpindi Women University
Chess	Maria 1st	International Islamic University
	Humna Maryam 2nd	Rawalpindi Women University

RWU Students attends session on Mental Health and Breast Cancer Awareness

May 09, 2023: A group of students under the supervision of RWU Medical officer, Dr. Rida Munir, attended a session on the topics of Mental Health and Breast Cancer Awareness at Rawalpindi Chamber of Commerce and Industry (RCCI). The distinguished chief guest, Mrs. Arif Alvi, shared her remarks on the topics. The event proved to be both informative and enlightening, dispelling myths and raising awareness among the students.



Marketing Fest

May 12, 2023: The Department of Business Administration organized a Marketing Fest. Students showcased exceptional marketing projects and renowned external examiner, Dr. Ansar Abaas, Associate Professor, Muslim Youth University (MY), Islamabad and Ms. Shumaila, Assistant Professor, Rawalpindi Women University, evaluated the projects. Their expertise enriched the event and motivated the students.



RNA Models Competition

May 17, 2023: The Department of Botany organized a competition of RNA models. Students of 4th semester of BS Botany participated in this competition and presented their models.



Session on "Freelancing and Entrepreneurship"

May 17, 2023: Department of Computer Science and Information Technology organized a session on "Freelancing and Entrepreneurship," in collaboration with ACADIA aimed at empowering students to navigate the competitive freelance market. The session focused on optimizing students' freelance profiles and creating impactful portfolios. The guest speaker Mr. Sameer Ali, CEO of ACADIA, along with his team members shared strategies to help students excel in freelancing and entrepreneurship.



Entrepreneurial Exhibition

May 17, 2023: Department of Computer Science and Information Technology RWU organized an "Entrepreneurial Exhibition". The exhibition showcased projects by 8th-B students from the CS program and 8th-A students from the IT program, guided by Ms. Anum Shahid. Faculty members, including Ms. Anum Nawaz and Mr. Usman Sharif from the CS department, alongside faculty members from various departments, commended the students' remarkable efforts.

Internship Projects Exhibition

May 22, 2023: The Botany Department exhibited internship projects of the 6th-semester where students showcased their work, with a notable highlight of organic herbal products. The event provided an excellent platform for students to display their innovative projects and receive recognition for their hard work and dedication.



Model Exhibition on "Global Warming and Urbanization"

May 25, 2023: The Psychology Department organized a Model Competition on "Global Warming and Urbanization". It highlighted the impact of these two global issues on the planet and particularly in Pakistan. This event reflected upon meticulous planning, able supervision and positive inclination towards modern trends of psychology.



Three senior faculty members of the Psychology Department evaluated the models . Ayesha Fida, Noor Nawaz, & Sumreen Aslam from BS 6th semester secured 1st, 2nd, 3rd position respectively and got certificates.

Engaging Discussion on Social Media's Influence: Hum TV's 'Subah Sy Aagay' at RWU

May 24, 2023: The Department of Media & Communication Studies successfully arranged for the recording of The Hum TV morning show "Subah Sy Aagay" at RWU. The show featured an engaging discussion led by students and faculty of the department, shedding light on the ever-evolving landscape of social media and its influence on the young generation.

Youm-e-Takreem-e- Shuhada-e-Pakistan



May 25, 2023: Youm-e-Takreem-e- Shuhada-e-Pakistan (Martyrs Reverence Day) is observed with enthusiasm at Rawalpindi Women University (RWU) to pay rich tribute to the martyrs who sacrificed their lives in defense of our beloved homeland and its people. Speaking on the occasion Prof. Dr. Anila Kamal, Vice Chancellor RWU, said that we are proud of our valiant martyrs who demonstrated unwavering patriotism and courage during challenging periods of Pakistan's history. Ms. Zoya Zafar, Lecturer Department of Pakistan Studies, highlighted the significance of Martyrs day and sacrifices of national heroes during her speech. A large number of RWU faculty, staff, and students were in attendance.



Business Idea Competition

May 26, 2023: Department of Business Administration organized a Business idea competition in collaboration with the Department of Zoology and Department of Chemistry under the able guidance of Ms. Jaweria Tariq, Lecturer in the Department of Business Administration. Dr. Muhammad Maroof Ajmal, Assistant Professor, and Dr. Zoia Khan, Lecturer, from PMAS-Arid Agriculture University, Rawalpindi, evaluated the students' business ideas.



Awareness session on the Role of Productivity in the National Economy

May 28, 2023: An awareness session and productivity walk were organized by ORIC and the National Productivity Organization (NPO), Government of Pakistan, to promote awareness about the role of productivity in the national economy. Mr. Fahid Imtiaz, Deputy Manager, Business Development Services NPO shared insights on the 1st Productivity Movement of Pakistan and its importance for the economy. The session was attended by BBA faculty and students. A walk accompanied the event, with participants holding placards and banners with slogans to raise awareness about productivity's role in the national economy.



Working Models Competition

May 30, 2023: The Department of Chemistry arranged a "Working Models Competition" in which students from the 6th and 8th semesters enthusiastically participated. Ms. Khadija Saeed, Additional Director of Student Affairs, graced the event as a guest. The working models created by the students captivated the audience's interest, and got appreciation.



Animal Model Display with reference to International Biodiversity Day

May 30, 2023: In celebration of International Biodiversity Day, students from the 8th semester of BS Zoology and the 4th semester of BS Chemistry presented their animal models and posters. Dr. Fareeha Ambreen, Lecturer from Department of Zoology, supervised the event. The display aimed to raise awareness about biodiversity conservation and educate the younger generation about the threats it faces.



Recreational Trip of Graduating Batch

June 04, 2023: Farewell trip to Shahdrah for the outgoing batch of all departments was arranged by the university.



Plant Model (Dendrochronology) Exhibition

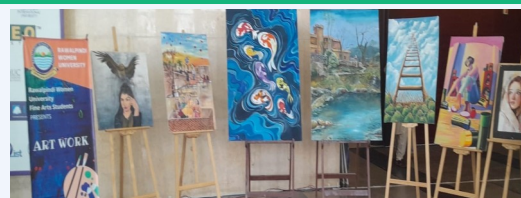
June 07, 2023: The Botany Department organized a Plant Model Exhibition with a focus on Dendrochronology. Students from the 6th semester of the Botany Department actively participated in this exhibition, presenting their models in an organized and impressive manner. To recognize their efforts and participation, the Head of the Department distributed certificates to the students.



The News Education Expo

June 13-14, 2023: Rawalpindi Women University participated in "The News Education Expo" to raise awareness regarding academic programs and state-of-the-art facilities offered by the university among prospective students at Pak-China Friendship Center, Islamabad.

Prof. Dr. Anila Kamal, Vice Chancellor RWU, graced the university stall lending support and encouragement to the team. Her visit exemplified the strong leadership and commitment to excellence that drives RWU forward. The captivating artwork of RWU fine arts students was also exhibited at expo which attracted and mesmerized the visitors. The participation at expo also facilitated networking opportunities with industry professionals, educators, and representatives from other institutions.



Session on "Core Counseling Skills"

June 26, 2023: The department of Psychology in collaboration with ORIC organized an event titled "Counseling: Enhancing Core Skills." Dr. Saira Khan, Asst. Prof. Riphah International University, highlighted counseling core skills such as active listening, empathy, non-verbal communication, reflective skills, boundaries and ethics, and skillful questioning techniques that foster effective therapeutic relationships and aid clients in overcoming challenges and achieving personal growth.



Idea Design Competition for Seed Grant up to PKR 6,00,000

June 09, 2023: The External Linkages Department in collaboration with Shaooor Foundation for Education and Awareness (SFEA) organized an Idea Design Competition for faculty and students of RWU. The competition witnessed an active participation from both faculty members and students. The jury panelists for this competition were experts from entrepreneurial backgrounds. In recognition of the outstanding ideas,



winners were awarded seed grants of up to PKR 6,00,000/- intended to help the winners further develop and implement their innovative concepts. Prof. Dr. Anila Kamal, Vice Chancellor RWU, extended her heartfelt congratulations to all the winners, acknowledging their remarkable achievements in the competition.

Farewells

Farewell Lunch of Repatriated HED Faculty and Staff

April 28, 2023: Prof. Dr. Anila Kamal, Vice Chancellor RWU, bid a farewell to the esteemed colleagues of the Higher Education Department (HED) who are being repatriated. Dr. Anila appreciated their invaluable contributions, dedication and commitment to the university and wished them all the best.



Farewell of Passing Out Batch

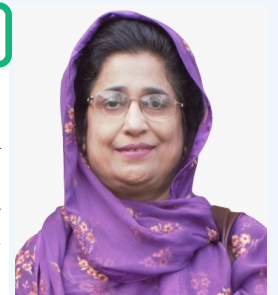
June 02, 2023: A farewell party for the students of the passing out batch of BS Zoology was arranged by the Department of Zoology. The Department of Botany arranged Farewell Lunch for the graduating class. The students of sixth and eighth semester and all faculty members enjoyed and relived the memories.

Messages from HED Faculty

Professor Dr. Asma Zahoor, Former Head of English Department

The Two Beautiful Nights...A Memoir

Had I been Wordsworth I would have written a poem on the two beautiful nights...Alas! I am not...however on the second thought I managed to be content with writing a brief memoir. Being at Rawalpindi Women University at the dinner was a love, an honour and a sheer delight. Enjoyed the respect and warm welcome accorded to me by all ranging from the worthy Vice Chancellor, Prof. Dr. Anila Kamal to my dear students.



My flight of imagination made me wonder down the memory lane and the glimpses of a very busy, challenging but fruitful career at the institution went on appearing on the screen of my mind for a long time. Entertaining friends and colleagues in the beautiful English Department, taking classes and meeting people...how eventful life used to be.

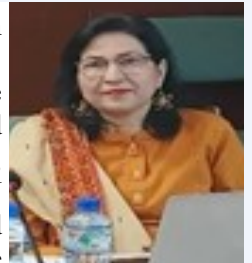


The declaration of the university charter within the matter of a few days, arranging for that mega event with a fractured ankle, arranging variety of functions, working with my dear students who were my jennies, a constant source of support and accomplishment, making the impossible, possible—always there to keep pace with my restless mind and continuous instruction. President Zoubia Munzoor's "No worries, Ma'am" at every new instruction with sparkling eyes and beautiful smile was a real thing of beauty. Then the mega tree plantation campaign, my first venture with the new administration was also green and cool. Yet another picture of the visit to the Palestinian Embassy for the submission of donation and a sense of accomplishment on the shining faces of the then president and vice president of the Students' Council, was so rewarding---I can never forget. The glimpses of the last year of my professional career at RWU...what a "Yadoon ki Barat"! in Josh's diction. Selection of visiting faculty in three different departments, organizing various events, above all the arrangement of first two international conferences in social sciences and natural sciences in 2022 -- organizing first Alumni get together was perhaps the culmination point of my career. The dinner this year transported me to the dinner last year where a galaxy of the previous faculty members and alumni and all those who have their due role in the making of this university along with the new university administration were present. And beautiful glimpses of the last day of my professional career at RWU, the flower day, I would have been a flowers vender that day but preferred to distribute the bundles of flowers I received among my dear students. Cutting birthday cake at the beginning of my second childhood with two other Scorpion friends, was also hilarious.

The most beautiful thing of this life long career is, building beautiful human associations... after all what else one can wish for in this short temporal existence. All gratitude to Allah Almighty.

Dr. Shagufta Nighat, Former HOD Zoology, RWU 2019-2023

I have joined the department of zoology of Government Post Graduate College, Satellite Town in November 2011, which later became the much needed, Rawalpindi Women University (RWU). During my tenure here, I had a great time and thoroughly enjoyed every moment of it. I have the honor of working alongside some of nation's best academicians and management experts and have learnt from them immensely. COVID-19 pandemic was a global challenge for all alike. We, however, collectively worked together abiding by government's smart lockdown policy and RWU management's resilient take on the matter to successfully pass that period. All the staff and students worked together on war footings to battle the global menace at RWU. COVID-19 made us realise that together we are stronger and able to overcome any challenge no matter how hard it may be.



Contributions include establishing a self-supporting aviary for wildlife research, signing an MoU with ABM for lab support, conducting three BOS meetings, leading procurement efforts for major equipment, and actively participating in organizing RWU's first international conference on the scientific outlook of the 21st century. These experiences provided valuable networking opportunities and insights into university management.

I am honored, more updated and better confident after serving at RWU. I have learnt many new professional and interpersonal skills that have helped me well at my new duty station. I have made friends and gathered so many lasting memories that I will cherish for the lifetime. Lastly, I would like to express my heartfelt gratitude to the worthy Vice Chancellor **Prof. Dr. Anila Kamal**. I am humbled and believe that not many people have the privilege to work under someone as caring and understanding as



her. I am truly grateful and honestly, if I am ever given an opportunity to pick a boss again, I would surely pick her to work with.

My prayers are for more empowerment and a shining bright future for RWU. May this esteemed institution grow more and progress ever fast to become the center of excellence in higher education for not only young women of Pakistan but from all over the world (Ameen!). Regards.

Mussarat Riaz, Assistant Prof. Department of Education

A place of colors and flowers everywhere with bright dreams in young eyes and exquisite minds always inspired me as student and especially as faculty member in department of Education. My affiliation with this institution is more than twenty years, it always helped me to fulfill my dreams. I have served in this institution more than 15 years as teaching faculty. It is one of the best and amazing experiences of my life. Walking through the corridors of Rawalpindi Women University and teaching young minds and souls is always a pride to me. This institution grew me academically and professionally in all aspects. I enjoyed this place and its vibrant and dynamic culture of teaching and research. May Allah give this institution a remarkable status in women education and character building both nationally and internationally.



Alumni and Student Corner

Alumni

Rubana Waqar

Associate professor (FG Postgraduate College for Women, Kashmir Road, Rawalpindi)

My first memory of this college is of our principal Mrs. Shafiq ur Rehman standing in the middle of the lush green gardens in spring with the flowers in full bloom, instructing the Gardner and telling the students not to spoil the flowers.

I joined this college in 1980 for FSc and was taught by teachers who were not just experts in their fields but also focused us on grooming our personalities so we can become multi-faceted individuals ready to step into the real world. I still remember our biology teacher late Mrs. Durr-e-Shehwar, Mrs. Rana Farid our physics teacher and Miss Shafqat who taught us chemistry. They were all very punctual and always encouraged us to have inquisitive minds. I still have vivid memories of our urdu teacher Miss Kauser, roaming around the college in her blue shirt paired with a white shalwar and dupatta everyday as she believed that teachers should also have a uniform. My 3rd year was a hard time for me. I was disheartened as I could not get admission in a medical college but with the help of my friends and teachers I gradually adjusted in my new field. My friends and I would get pakoras and naan kebab from Waheed bhai in the canteen everyday and would savour them while discussing our trivial everyday problems. I remember these times like it was just yesterday when we were celebrating Eid Milad-Un-Nabi (SAWW) or holding a funfair in the college grounds.

In 1985, I decided to join this college for MSc in Applied psychology. It was a relatively new Dept but our energetic HOD Mrs. Nighat Mushtaq and her dedicated team (including Ms Shehnaz, Ms Badar and Ms Kiani) worked endlessly for us. Mrs. Nighat would visit Punjab University almost fortnightly. She would get notes photocopied for us as books were not widely available and was always there for us to answer all our queries.

I have a very strong affiliation with this institute and I hope that the dedication and commitment I learned from my teachers over these years, I can now transfer that love for knowledge in my own students.



Student Review

Namra Saleem, President Sports Society

The classroom environment at RWU is characterized by positivity and encouragement, fostering creativity and critical thinking among students. Furthermore, RWU has been instrumental in honing my leadership skills. The opportunities to engage in extracurricular activities, take on leadership roles, and collaborate with diverse groups of students have been instrumental in building my confidence and determination. Being the Sports President has not only allowed me to follow my heart but has also provided me with valuable lessons in teamwork and strategic planning. The experience of leading our sports programs has been transformative, and it has added countless beautiful memories to my journey here.

