



RAWALPINDI WOMEN UNIVERSITY

NEWS LETTER

Issue 11 Jan-Mar, 2024

Vice Chancellor's MESSAGE

A new year and a fresh outlook on individual and organizational progress add new pledges and zeal to improve, progress, and grow. This year Rawalpindi Women University set the pace with the second Academic Council Meeting (ACM). The ACM focused on the upgradation of all programs as per the new HEC Undergraduate and Postgraduate policy that allowed us to review all our admission, examination, and academic policies to bring it to par with the latest directives of the Higher Education Commission. The ACM was attended by various renowned experts from all fields of study to enrich the academic pursuit of the University and we also aim to work further on our pursuit to the commencement of the Ph.D. program in the University which can open doors for research and growth for the University.

I strongly believe in a holistic approach to education, where academic excellence is complemented by active student engagement in co-curricular and extracurricular activities. Our talented students continue to make us proud, winning the Best Ambassador Award at the Inter-University Competition "Art Manifesto" besides excelling in sports and various events across the twin cities.

RWU also hosted the Prime Minister Youth Talent Hunt Judo Trials for Women in the assigned region of Gilgit Baltistan, AJK, and the twin cities. This has been a tremendous learning experience for us as Judo has become a regular feature of our sports activity now and we are indeed grateful for RWU to be chosen as a host University.

Overall, the year started with multiple participations, event holding, sports, fun, learning, and growing together, and this is the most important lesson in our pursuit of finding excellence for the University that we remain steadfast in achieving our goals for making this institute better every day in all the arenas that it enters. I share the success with all my colleagues and our students for their contributions in building RWU and progressing together.

Wishing you all a remarkable 2024!

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Prof. Dr. Anila Kamal

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MEETINGS

RWU and TMF Strengthen Collaboration with MAGIS Scholarship Program

January 10, 2024: Prof. Dr. Anila Kamal, Vice Chancellor Rawalpindi Women University (RWU), and Mr. Fazli Puskul, Regional Director of Türkiye Maarif Foundation (TMF), had a meeting to strengthen the partnership building on the existing MoU between both institutes.

The meeting introduced TMF's MAGIS Scholarship Program, which exclusively benefits the children of RWU faculty and administrative staff, reflecting TMF's commitment to its partners. Discussions also explored potential collaborations in academic exchange, research, and capacity building, paving the way for future initiatives.



the Council approved the implementation of HEC's revised undergraduate and postgraduate policy at RWU. Key discussions focused on revisions in academic rules and regulations, updates to examination policies, admission policies, and other academic matters essential to enhancing the university's academic framework

Meeting on Zoology Lab Upgradation

February 06, 2024: Ms. İnce Gökçe Bilgiç, Deputy Country Head of the Turkish Cooperation and Coordination Agency (TIKA), visited Rawalpindi Women University (RWU) to discuss the upgradation of the Zoology lab.

During the meeting, Prof. Dr. Anila Kamal, Vice Chancellor RWU, and Zoology faculty members reviewed the feasibility report and project plans. The initiative aims to enhance RWU's research facilities and academic standards in scientific studies.



2nd Meeting of the Academic Council

January 15, 2024: The Office of the Registrar organized the 2nd Academic Council Meeting, bringing together esteemed experts from the fields of sciences and social sciences nominated by the Government. The distinguished attendees included Prof. Dr. Amin Badshah, Prof. Dr. Samina Awan, Prof. Dr. Riffat Saif Dar, Dr. Shamim Akhtar, Dr. Syed Zulfiqar Ali Shah, Dr. Shazia Zeb, Prof. Dr. Muhammad Ayyub, Prof. Dr. Sumaira Jawad, and a representative from the Higher Education Department. During the meeting

Vice Chancellor attends 52nd Vice Chancellor Committee Meeting

March 20-21, 2024: Vice Chancellor Prof. Dr. Anila Kamal participated in the two-day 52nd Vice Chancellors Committee meeting organized by the Higher Education Commission held at a hotel in Islamabad.



The aim of the meeting was to synergize for the consolidation of key higher education policies and standards for the development of the higher education sector. Dr. Anila expressed hope to come up with some good solutions about quality assurance in higher education. She also highlighted the issues of service statutes of Basic Pay Scale and the Tenure Track System.

The meeting was attended by around 170 heads of public and private sector universities.



Board of Studies Meeting

March 14, 2024: The Department of Statistics conducted a Board of Studies meeting for the approval of the PhD program curriculum. The external experts included Prof. Dr. Muhammad Hanif, PMAS, Arid Agriculture University, Rawalpindi; Dr. Ishfaq Ahmed, Associate Professor, International Islamic University, Islamabad; and Dr. Sajid Ali, Associate Professor, Quaid e Azam University, Islamabad.



RWU PARTICIPATIONS

RWU faculty as Judge

Ms. Qurat ul Ain Arshad, In-charge Islamic Studies Department, judged the Poster Making Competition organized by Riphah International University on the theme, "Rights, Roles & Contributions of Women in Islamic History & the Contemporary Era".

Vice Chancellor RWU as Panelist

January 07, 2024: Prof. Dr. Anila Kamal, Vice Chancellor, RWU, participated as a panelist in a panel discussion on how to make more safer and inclusive campuses". The Panel discussion was the part of an International Conference on "Safe and Inclusive Campuses in Pakistan" organized by the School of Sociology, Quaid-i-Azam University, Pakistan and Aston University, UK. Dr. Anila shared her experiences and also shared some practical steps on the topic. Dr. Raza Ulla, In-charge, Dept. of Sociology, is also a member of the Pakistani team in the project. The students of Sociology also attended the conference.



RWU Faculty as Panelist

January 10, 2024: Dr. Noman Ansari from Media & Communication Studies was invited as a panelist at International Islamic University Islamabad's session on "Decoding Disinformation: Challenges & Solutions." He discussed AI, media academicians, and practitioners collaborating on research tackling disinformation in elections and highlighted key stakeholder roles, including monitoring tools, media literacy platforms, open-data collaboration, and policy advocacy.



Participation in 2 Days National Youth Conference

January 26, 2024: The Student Council, led by Ms. Khadija Saeed, Addl. Dir. Student Affairs and Ms. Zerish Gulbaz, Assit. Dir. Student Affairs participated in the 2 Days National Youth Conference, themed 'Youth - Pivot of National Integration,' organized by the Higher Education Commission, Pakistan. The Hon'ble Vice Chancellor, Prof. Dr. Anila Kamal, also attended the event, which exemplifies RWU's commitment to empowering youth voices and fostering national integration.

The event aimed to unite university students from all corners of Pakistan, with Caretaker Prime Minister Anwaar-ul-Haq Kakar and General Syed Asim Munir, COAS, gracing the occasion as Chief Guest and Guest of Honour, respectively. Both leaders shared insights and engaged in an interactive session with the youth of Pakistan.



International Symposium on Innovations in Chemical Synthesis

February 21-22, 2024: The Chemistry Department hosted a two-day International Symposium on Innovations in Chemical Synthesis. Hon'ble VC Prof. Dr. Anila Kamal welcomed the guests and highlighted its significance. On the first day, Prof. Dr. Yong Rok Lee (Yeungnam University) delivered a detailed talk on organic chemistry. Esteemed speakers Dr. Ghulam Ali (NUST), Dr. Arshad Farhan (PINSTECH), and Dr. Javed Mehmood (KAUST) shared their latest research. Dr. Anila presented a shield to Dr. Lee as a token of appreciation.

Prof. Dr. Yong Rok Lee engaged in a panel discussion with students of the Chemistry Department on the second day, addressed scholarships, and explored research collaborations with ORIC and QEC at RWU.



RWU participation in International Conference on Breaking Barriers through Diversity and Inclusions

Feb 26-29, 2024: Rawalpindi Women University (RWU) participated in the "Breaking Barriers Through Diversity and Inclusion" Conference held in Islamabad. The event was a collaboration between the National Rural Support Program (NRSP), USAID, and the All Pakistan Women Universities Consortium (APWUC), of which RWU is a proud member.

Prof. Dr. Anila Kamal, Vice Chancellor, enriched discussions as a leading panelist on "Women's Health Empowerment and Well-being". RWU faculty moderated in the sessions as well as showcased innovations through poster and oral presentations. RWU also displayed paintings by Fine Arts students and also provided comprehensive information on RWU's academic endeavors, research projects, and community contributions.



Vice Chancellor participation as chief guest of Conference

March 04, 2024: Hon'ble Vice Chancellor Prof. Dr. Anila Kamal graced the National Conference as the Chief Guest on "Psychology for Sustainable Community: Challenges and Trends" hosted by the University of Sargodha. Dr. Anila, an accomplished expert in the field of psychology and recipient of the International Council of Psychologists' Denmark-Gunvald Award, shared her perspectives on the evolving landscape of psychology.



Vice Chancellor participation in 3rd Vice Chancellor Conference

March 05, 2024: Hon'ble Vice Chancellor Prof. Dr. Anila Kamal participated in the 3rd Vice Chancellor Conference on "Equitable, Inclusive, and Sustainable Future," held at a private hotel in Lahore. The event was jointly organized by the Commission (PHEC) and the Bargad Organization for Youth Development. The conference highlighted crucial topics such as climate change and the establishment of interfaith harmony clubs and societies, with the goal of catalyzing positive transformations within our educational landscape.



RWU faculty participation in Panel Discussion on Digital Literacy

Mar 11, 2024: Dr. Noman Ansari, Asst. Prof. at Department of Media & Communication Studies, participated as a discussant in the Panel Discussion hosted by United Nations Development Programme - UNDP Pakistan consortium.

Dr. Noman identified key needs for a university-wide digital literacy and safety curriculum. The consortium, including RWU, aims to develop a cutting-edge curriculum for students across all disciplines.



HONORS AND AWARDS

RWU Faculty Member Presents in Global Young Scientist Summit

January 08-13, 2024: Dr. Hina Naeem, Assistant Professor, Department of Chemistry, represented RWU in a Poster Presentation at the Global Young Scientist Summit, Singapore (GYSS-2024). She is the sole faculty member from Pakistan selected to participate in this prestigious summit among young scientists from various countries. The theme of the summit, "Fusion in Science," brought together researchers from diverse scientific backgrounds alongside 16 Nobel laureates and other eminent scientists from across the globe.



Vice Chancellor Receives Award for Empowering Women

March 09, 2024: Hon'ble Vice Chancellor Prof. Dr. Anila Kamal has been recognized for her outstanding contributions to women empowerment. On International Women's Day, she was honored with a prestigious award by the Islamabad Chamber of Commerce. The award was presented by Senator Mr. Mushaid Hussain. This well-deserved recognition highlights RWU's commitment to empowering women and promoting gender equality.



Silver Medal: National Blind Archery Championship

Silver Medal: National Blind Archery Championship February 18, 2024: Shumaila, A 2nd-semester student, Shumaila from the Department of Psychology, won a silver medal in the National Blind Archery Championship held at Islamabad Sports Complex.



Best Ambassador Award

March 06, 2024: Talented students of RWU won the Best Ambassador Award at the Inter-University Competition, "Art Manifesto," hosted by Riphah International University, Islamabad. The students brought laurels in various competitions, including Arts Exhibition, Calligraphy, Sketching, Painting, Musical Chair, and Ludo.



TRAININGS & WORKSHOP At RWU

Perspective in Drawing



January 10, 2024: Dr. Noman Ansari from Media & Communication Studies was invited as a panelist at International Islamic University Islamabad's session on "Decoding Disinformation: Challenges & Solutions." He discussed AI, media academicians, and practitioners collaborating on research tackling disinformation in elections and highlighted key stakeholder roles, including monitoring tools, media literacy platforms, open-data collaboration, and policy advocacy.



Interpersonal Skills for Personal and Professional Life

February 14, 2024: The Department of Business Administration arranged a one-day training on "Interpersonal Skills for Personal and Professional Life."

The Trainer, Mr. Asif Rasool, a corporate trainer and faculty member, Department of Management Sciences National University of Modern Languages Islamabad, instilled students with motivation and spirit through his training techniques. He not only applied the training techniques but also linked them with personal life experiences, creating an impetus for learning and growth.



Full-stack Web Development

February 21, 2024: The Directorate of Student Affairs, in collaboration with the PNY Group of Companies, organized a one-day workshop on 'How to become a full stack web developer.'

Students from the Department of Information Technology and Computer Science attended the workshop. The session aimed to demystify the various technologies and tools commonly used in full-stack web development.



Research Writing Skills using APA-7

February 27, 2024: The Department of Psychology organized a workshop titled "Enhance Your Research Writing Skills While Using APA-7." The session was conducted by Dr. Irum Naqvi, Assistant Professor at the National Institute of Psychology, Quaid-e-Azam University. Participants gained in-depth knowledge about structuring research papers, citing sources accurately, avoiding plagiarism, and enhancing overall academic writing skills. As a token of appreciation, Prof. Dr. Sobia Massod presented a shield to Dr. Irum, expressing gratitude for her contribution.



Theatre Workshop

February 26- March 04, 2024: To revive the RWU open-air theatre, the Directorate of Student Affairs organized a 7-day-long theatre workshop for the students of RWU Creative Arts and Dramatic Society (CADS) in collaboration with Pattan Lok Natak.

The workshop, conducted under the supervision of CADS focal persons, featured hands-on learning in scriptwriting and theatre performance led by Mr. William Pervaiz, a renowned playwright and director from Pattan Lok Natak.

March 05, 2024: The workshop concluded with a captivating performance of "Zara Num Ho Tau" on the theme of International Women Day, followed by a certificate distribution ceremony.

Mr. William and Mr. Zabir Sarhadi, the Director-General of AIM Association, were presented shields for their contributions.



TRAININGS & WORKSHOP Outside RWU

Qualitative Research and Data Analysis using Nvivo

February 12-14, 2024: Dr. Raza Ullah, In-charge Sociology Department and Dr. Rayna Sadia, Assistant Professor, Psychology Department participated in a Three-day Training workshop on "Qualitative Research and Data Analysis using Nvivo" organized by Punjab Higher Education Commission (PHEC) at Hailey College of Commerce, University of the Punjab, New Campus, Lahore. The training provided practical insights into effective qualitative research designs and helped the participant to use Nvivo as a tool for qualitative analysis.



Training at the State Bank of Pakistan

February 13-15, 2024: Rawalpindi Women University (RWU) students have been appointed as Ambassadors of the State Bank of Pakistan (SBP). Nominated by their respective departments through the Office of External Linkages, these students completed specialized training at SBP and were awarded certificates for their excellence. As SBP Ambassadors, they will promote financial literacy and inclusion among women at RWU over the next six months.



Workshop on Breaking Gender Stereotypes



Feb 14-15, 2024: Ms. Zerish Gulbaz, Asst. Dir. Student Affairs participated in a Two-Day Workshop titled "I am Generation Equality: Breaking Gender Stereotypes". The event, organized by the Higher Education Commission of Pakistan in collaboration with USAID, provided a platform for participants to discuss and reflect on challenges arising from gender stereotypes. It also emphasized the implementation of the HEC's sexual harassment policy in Higher Education Institutions.



Capacity Building Training Workshop

February 20 to 23, 2024: Faculty members from Psychology, Sociology, and Media & Communication Studies attended a 4-day capacity-building training workshop on "Workplace Prevention Skills" at Quaid-i-Azam University's National Institute of Psychology in Islamabad.



Training on Disability Inclusion in Higher Education

March 06, 2024: Ms. Khadija Saeed, Additional Director Student Affairs, attended a one-day training on "Disability Inclusion in Higher Education" by the Higher Education Commission, Pakistan, in collaboration with Sightsavers, Islamabad. The training aimed to implement the "Policy for Students with Disabilities at Higher Education Institutions," promote inclusive environments, and encourage disabled students' participation in academic and extracurricular activities.



Capacity Building Trainings



January– March, 2024: The Office of the Registrar strengthened administrative capacity by facilitating officers' participation in various training programs. Some sessions were conducted internally at RWU, while others were attended at external organizations. The training covered Pakistan Citizen Portal, CMS modules, e-governance, leadership, and management, equipping officers with essential skills to enhance administrative efficiency and governance.



SEMINARS AND WEBINARS

Total Physical Interaction (TPI) to Learn the Translation of the Quran in a Scientific Way

January 03, 2024: Dr. Waqar Mahmood from the Department of Physics conducted a seminar on "Total Physical Interaction (TPI) to Learn the Translation of the Quran in a Scientific Way." He introduced a cognitive-based technique enabling Quran translation without Arabic grammar knowledge.



Counter Strategies to Navigate Media Pressure

January 04, 2024: In its commitment to fostering critical thinking and media literacy, the Department of Media and Communication Studies hosted a thought-provoking session on 'Counter Strategies to Manage Media Pressure. Dr. Junaid Ghauri from the International Islamic University, Islamabad, shed light on effective strategies to navigate media challenges. Prof. Dr. Sobia Masood, Chairperson, Department of Media and Communication Studies, lauded the efforts of the organizers and motivated students to embrace critical thinking and informed decision-making.



Safer Migration Decisions

January 10, 2024: Aligned with Sustainable Development Goal 5 (Gender Equality), the Financial Aid & Scholarship Office (DSA) in liaison with Gogi studios and The Migrant Project, SEEFAR conducted a seminar titled "Amplifying Women Voices in Migration Decision Making".

Led by Ms. Nigar Nazar, RWU (Erstwhile Govt. Post Graduate College)' distinguished alumna, founder of Gogi Studios, and the first female cartoonist of the Islamic world, the seminar highlighted the power of storytelling as a tool for women's empowerment. The event emphasized the risks associated with irregular migration. Furthermore, a striking double-decker bus adorned with The Migrant Project posters traveled through the city.



Exploring New Horizons in Cancer Therapy

January 11, 2024: The Department of Zoology, under the umbrella of the RWU Science Society, organized a seminar on "Small Molecule Inhibitors for Targeting Kinase Signaling Circuitries in Cancer: A Personalized Medicine Approach". The resource person, Dr. Nosheen Akhtar, Associate Professor at the National University of Medical Sciences, discussed kinase signaling pathways and the role of personalized medicine in treatment advancements.



Chevening Scholarship

January 17, 2024: The Financial Aid & Scholarship Office, Directorate of Student Affairs, organized a seminar on the Chevening Scholarship program. Mr. Mazhar Hussain, Deputy Commissioner, and Ms. Farah Khan, Assistant Commissioner, both Chevening Alumni and serving CSP officers, shared insights on the application process and career benefits.



Webinar exploring Chevening Scholarship

January 25, 2024: The Financial Aid & Scholarship Office, Directorate of Student Affairs, in collaboration with the British High Commission Pakistan, organized a Chevening Scholarship webinar. Led by Ms. Shahla Qayyum, it addressed queries, emphasizing the Chevening Mentoring Scheme for women and minorities.



Research Project Writing

January 31, 2024: With the aim of capacity building for faculty members in research proposal writing, the Office of Research, Innovation, and Commercialization (ORIC) organized a seminar titled "Research Project Writing: Experiences and Challenges."

Prof. Dr. Muhammad Zaman from the School of Sociology at Quaid-e-Azam University, Islamabad, guided the faculty on securing national and international grants. Vice Chancellor Prof. Dr. Anila Kamal presented a shield to the speaker.



Empowering Women in Science

February 13, 2024: The Department of Chemistry marked the International Day of Women and Girls in Science by organizing a seminar titled "Empower HER in STEM."

The event featured three distinguished resource persons: Dr. Farzana Latif Ansari (Tamgha-e-Imtiaz, Former Professor, Department of Chemistry, QAU), Prof. Dr. Iram Murtaza (Professor and Chairperson, Department of Biochemistry, QAU), and Dr. Ayesha Mujeeb (Senior Research Scientist, Division of Environmental Sciences and Engineering, KAUST, USA). The speakers highlighted the vital role of women in advancing science and shared their journeys, inspiring students to pursue careers in STEM fields. The seminar concluded with Prof. Dr. M. Zaman Ashraf, Chairperson Chemistry Department, presenting shields to the speakers as a token of appreciation.



Marketing Business

February 13, 2024: The Department of Business Administration arranged a seminar on "Marketing Business". The guest speaker, Dr. Haris Bin Khalid, Founder of ROCKSHOCK Productions and Faculty Member at the Department of Management Sciences, Shifa Tameer-e-Millat University Islamabad, shared industry insights highlighting the significant role marketing plays in business growth and success.



Function Spaces and Their Generalization

February 20, 2024: The Mathematics department hosted a seminar, "Function Spaces and their Generalization," with Associate Prof. Dr. Muhammad Asad Zaighum from Riphah International University. The seminar provided an insightful exploration into the realm of functions and their generalizations.



Integration of the Sustainable Development Goals

February 20, 2024: Dr. Banzeer Ahsan Abbasi from the Department of Botany led a seminar on the integration of the Sustainable Development Goals (SDGs) within academia and research. She stressed the inter-disciplinary collaboration for global challenges.



Role of Wild Edibles in Enhancing Food Security and Promoting Health Benefits

February 21, 2024: Dr. Maimoona Munir, Assistant Professor from the Department of Botany, discussed the role of wild edibles in food security and health, linking them to agriculture, biofuels, and nanotechnology.



Microbial Resistance

February 21, 2024: The Department of Botany hosted a seminar on "Microbial Resistance". Dr. Luqman Riaz, Asst. Prof. from Kohsar University, Murree, served as the keynote speaker. During the seminar, Dr. Luqman elucidated the factors contributing to microbial resistance, emphasizing the pivotal roles of antibiotic misuse, environmental factors, and genetic mutations.



One World, One Health, and One Medicine

February 21, 2024: The Department of Zoology organized a seminar on "One World, One Health, and One Medicine". The guest speaker, Prof. Dr. Muhammad Arif Nadeem Saqib, Head of the Department from the National Skills University, Islamabad, highlighted the critical role of interdisciplinary collaboration in ensuring sustainable health solutions.



Statistical Modelling in Data Science

February 21, 2024: The Department of Statistics arranged a seminar titled "Statistical Modelling in Data Science". Dr. Shakeel Ahmed, Asst. Prof. from the School of Natural Sciences, National University of Science & Technology, Islamabad, discussed various applications of statistics in analyzing and interpreting complex datasets, highlighting their relevance in decision-making and problem-solving in diverse fields.



Introduction to Light and Digital Art

February 27, 2024: The Department of Fine Arts organized a seminar titled "Introduction to Light and Digital Art." Mr. Hashim Mushtaq, Senior Video Editor from Brelow, and Mr. Muhammad Ali, an international award winner and Director of Photography from the University of Gujrat, highlighted video production, editing techniques, and skills.

The seminar provided students with hands-on learning experiences, including creating a portfolio show reel and mastering the art of lighting and video editing.



Social Media Marketing

February 28, 2024: The Department of Business Administration arranged a seminar on "Social Media Marketing". The speaker, Ms. Misbah Riaz, a marketing specialist, entrepreneur, and educationist, offered practical strategies for leveraging social media platforms in today's digital age.



Importance of Book Art in Muslim Art History

February 28, 2024: The Department of Fine Arts organized a seminar on the "Importance of Book Art in Muslim Art History". Dr. Nausheen Abbas from Quaid-e-Azam University delved into various aspects of Muslim art, including illumination, calligraphy, illustration, and the evolution of book art from its inception to the dawn of



Agroforestry



February 28, 2024: Dr. Sadia Malik from the Department of Botany led a seminar on agroforestry, exploring sustainable agriculture practices and their environmental benefits.



Introduction to Space Plasmas

March 05, 2024: The Physics Department hosted a seminar on "Introduction to Space Plasmas." Prof. Dr. Waqas Masood, Head of the Physics Department at COMSATS University Islamabad, discussed solar plasma, solar wind, and magnetopause. Dr. Irfan Qasim, Chairperson Physics Department, presented him with a shield.



Introduction to Python

March 05, 2024: The Department of Statistics hosted a seminar titled "Introduction to Python". Mr. Asadullah Mushtaq, Manager of IT at Medical Transcription and Billing Company (MTBC), familiarize students with Python, a versatile programming language.



Power of Learning via Training

March 05, 2024: The Department of Business Administration conducted a seminar on "Unlocking the Power of Training Transfer: Bridging Learning to Action for Lasting Impact.".

The guest speaker, Dr. Jamshaid Asghar, Deputy Director at National Counter Terrorism Authority (NACTA), emphasized that training transfer is crucial for enhancing workplace productivity and achieving long-term success. The guest was presented shield by the HoD, Dr. Shahzad Hussain.



Innovative realm of Photocatalysis

March 05, 2024: The Chemistry Department hosted a seminar featuring Prof. Dr. Habib from the National University of Science & Technology (NUST), shedding light on the innovative realm of photocatalysis. The seminar concluded with HoD, Prof. Dr. M. Zaman Ashraf, presenting a shield to the guest as a token of appreciation.



Genetically Modified Organisms

March 05, 2024: Dr. Shazia Rehman, Lecturer, Botany Department, led a seminar on the scope, ethics, and applications of genetically modified organisms (GMOs), discussing their scope, applications, and ethical concerns in agriculture and biotechnology.



Zero-Waste Practices in Universities for a Cleaner Environment

March 06, 2024: The Botany Department organized a seminar on "Zero Waste Practices in Universities for a Cleaner Environment". Guest Speakers Dr. Sayyed Afzal, Dr. Rida Saeed Fatima, and Dr. Joham Sarfraz, Assistant Professors from the Department of Biological Sciences at the National University of Medical Sciences (NUMS), shared practical ways to reduce waste and enhance sustainability on university campuses.



Benefits of Change in Organizational Systems

March 06, 2024: The Department of Business Administration organized a seminar on "Dare to Lead for Change". The Guest Speaker, Dr. Hina Shahab, Head of Department, Management Sciences, National University of Modern Languages Islamabad (NUML), emphasized the critical role of leadership in navigating these challenges in today's complex organizational landscape



Creative Writing and Mindful Art Journaling

March 06, 2024: The Department of Fine Arts organized a seminar titled "Creative Writing and Mindful Art Journaling". Ms. Sameeha Khaliq, an author and visual artist from the National Book Foundation, served as the resource person. Participants had the opportunity to learn the art of visually recording their thoughts, emotions, and experiences. The visual module aimed to challenge participants to observe the world through the lens of an artist.



Synergy between Artificial Intelligence and Biological Sciences

March 12, 2024: Dr. Zahra Kazmi, IPFP Fellow, Botany Department, led a seminar on AI's role in biological sciences, covering its applications in genomics, drug discovery, and ecological modeling.



Empowering Women through Islamic Values

March 13, 2024: The Mathematics Department hosted a seminar on "Empowering Women through Islamic Values," featuring Dr. Faryal Umbreen, Head of Dawah at the International Islamic University, Islamabad, as the keynote speaker. The seminar explored how Islamic values can serve as a source of strength and empowerment for women in various aspects of life.



The Importance of Pakistan Day for Contemporary Youth

March 20, 2024: Rawalpindi Women University commemorated Pakistan Day with a thought-provoking seminar on "The Importance of Pakistan Day for Contemporary Youth", hosted by the Literary and Debating Society of RWU.

The guest speaker, Maj. Gen(R) Dr. Ghulam Qamar, Directorate General of Religious Education, highlighted the importance of Pakistan Resolution Day for youth.



Introduction to Aquaculture

March 19, 2024: The Department of Zoology hosted a seminar titled "Introduction to Aquaculture (Conventional, Modern, and Advanced)." Mr. Waqas Hameed, Deputy Director of Fisheries, Rawalpindi Division, provided an overview of aquaculture techniques, career opportunities, and industry advancements.



INDUSTRIAL & EXTERNAL LINKAGES

RWU and NCHR inked an MoU

January 12, 2024: Rawalpindi Women University (RWU) and the National Commission for Human Rights (NCHR) have signed a Memorandum of Understanding, focusing on enhancing Human Rights education and providing internships for RWU students. The Office of External Linkages RWU and Prof. Farkhanda Aurangzeb, Member of NCHR, signed the MoU. The partnership aims to empower marginalized groups by disseminating knowledge on the rights of women, children, and minorities.



EXTRA AND CO-CURRICULAR ACTIVITIES

Funfair 2024

January 02, 2024: Rawalpindi Women University (RWU) hosted a lively funfair, offering a day filled with joy and entertainment. The event featured stalls with food, clothing, jewelry, and engaging activities that created a festive atmosphere. The funfair was inaugurated by the esteemed Vice Chancellor, Prof. Dr. Anila Kamal, whose presence added to the excitement. The vibrant gathering reflected RWU's commitment to fostering a dynamic and inclusive campus life.



On-Spot Sketching

January 03, 2024: The students of the Fine Arts Department from semester 5 visited the Ayub National Park Rawalpindi for On-Spot Sketching under the supervision of Ms. Sahrish Jamil and Ms. Saira Anwar. The activity is intended to enhance the creative thinking of students.



Awareness Session on Islamic Banking

January 05, 2024: The Office of External Linkages hosted an awareness session on Islamic Banking. Hafiz Samiullah Daud, a sharia scholar, delivered an insightful session on the intricate aspects of Islamic Banking and discussed Riba, Sharia Compliance, Gharar, etc. Ms. Safia Hammad, Deputy Chief Manager, State Bank of Pakistan, also encouraged students to delve into the fascinating world of Islamic Banking and explore career opportunities. Dr. Baqir Husnain, Director, EL/QEC, RWU, motivated students to seize the plethora of opportunities that RWU brings for them. A written quiz was also conducted at the end of the session to determine high achievers who will have the exclusive chance to work with the State Bank of Pakistan, gaining internships and NIBAF certifications.



Visit to National Cleaner Production Centre and Morgah Biodiversity Park

January 09, 2024: The students of BS English, 3rd semester, visited the National Cleaner Production Centre (NCPC) and the Morgah Biodiversity Park. Accompanied by Ms. Saira Rashid and Dr. Sadia Batool, the educational excursion aimed to deepen their understanding of environmental sustainability and energy generation in Pakistan. NCPC Coordinator Mr. Ramay presented environmental conservation and the center's role in promoting sustainable industrial practices. Mr. Sher Zaman from IESCO provided insights into Pakistan's energy production, highlighting the need for sustainable solutions. Students also visited the Morgah Biodiversity Park, observing biodiversity conservation and biomass feedstock use in biogas production. This educational tour provided practical insights into environmental conservation and energy production, highlighting the importance of sustainable practices for Pakistan's future.



Biological versus feminist perspective on boys versus girls' educational performance

January 09, 2024: Dr. Raza Ullah, in charge of the Department of Sociology, delivered a thought-provoking lecture on the topic "Biological versus feminist perspective on boys versus girls' educational performance". Dr. Raza's talk delved into the complexities of this issue, examining the interplay between biological factors and feminist theories in shaping educational outcomes.



Mini Thesis Display – Miniature

January 09, 2024: Ms. Saira, Visiting Faculty in the Fine Arts Department, arranged a Mini Thesis Display for Semester VII students, showcasing their work in miniature painting. The department invited an external juror, Ms. Sidra Ashraf, Assistant Professor at Fatima Jinnah Women University, to assess the projects.

RWU students launch ceremony of Pakistan E-Rozgar Coworking Centers

January 11, 2024: A delegation of RWU students, led by Ms. Zerish Gulbaz, Assistant Director Student Affairs, attended the 'Tech Destination Pakistan Rejuvenated' event organized by the Ministry of IT & Telecom and the Higher Education Commission (HEC) at Jinnah Convention Center, Islamabad. Hon'ble Prime Minister Anwaar-ul-Haq Kakar, the chief guest, launched Pakistan E-Rozgar Coworking Centers nationwide, supporting freelancers and boosting the IT sector.



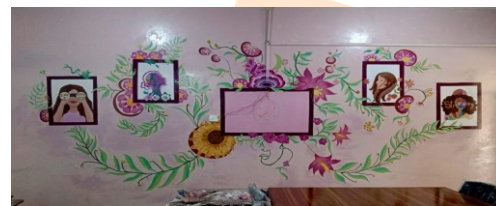
RWU students participated in Hum TV Program

January 11, 2024: RWU students participated in a recording session of the Hum TV Program 'Subha say Agay,' discussing harassment in educational institutions, victim awareness, legislation against harassment, and measures to prevent it at the Higher Education Commission, Islamabad.



Mural Painting

January 11, 2024: The 7th-semester students of the Fine Arts department, as part of the Active Citizenship Program, showcased their artistic talents by painting murals that reflected themes of empowerment, unity, and progress on the walls of the Women Development Center at Rawalpindi Women University.



Mini Thesis Display – Painting

January 12, 2024: Ms. Saffia, a Visiting Faculty in the Fine Arts Department, organized a display of her Mini Thesis for Semester VII students. The department invited an external juror, Dr. Mamoon Khan, Chairperson of the Department of Art and Media Studies at Fatima Jinnah Women University, to evaluate the students' work.

NCA Exhibition Visit

January 15-16, 2024: Students and faculty from the Department of Fine Arts visited an art exhibition at the National College of Arts (NCA) in Rawalpindi. The visit offered students an excellent opportunity to explore diverse artistic styles and techniques while honing their curatorial skills. By engaging with the showcased artworks, students gained practical insights into contemporary art practices and exhibition management.

Kashmir Solidarity Day

February 04, 2024: In connection with Kashmir Solidarity Day, a special lecture & Kashmir solidarity walk were organized by the faculty of Pakistan Studies and the Literary & Debating Society. The lecture delivered by Mr. Sheikh Abdul Mateen, Secretary General of All Party Hurriyat Conference, highlighted the Kashmir dispute's history and the plight of its people. Speaking on the occasion, Prof. Dr. Anila Kamal, Vice Chancellor RWU, emphasized the nation's united support. The lecture followed a discussion session in which the students, faculty, and administration in the audience asked various questions related to the Kashmir issue. A shield was also presented to the guest by Addl. Dir. Student Affairs. A solidarity walk was also organized in which the Vice Chancellor, a large number of students, teachers, and staff of the university participated.



Visually Impaired Students Join Hiking Event

Feb 15, 2024: In order to foster inclusivity, improve physical well-being, and create a supportive community for individuals with diverse abilities, RWU facilitated visually impaired students to take part in a Hiking Event organized by the Pakistan Federation Fighting Blindness (PFFB), at Japanese Park, Islamabad.



Fossil Expedition Trip

February 17, 2024: A fossil expedition trip was organized under the supervision of Dr. Samina Qamer and Dr. Ammara Gul Fareen to Tatrot, Jhelum, where fossils from the Pleistocene era, dating back approximately 2.5 million years, were discovered.

The activity sparked students' interest in fossil studies and paleontology. Additionally, skeletons of a buffalo and a camel were gifted to the Zoology Department as a significant contribution to their collection.



Thalassemia Screening and Blood Donation Camp

February 21, 2024: The Directorate of Student Affairs, in collaboration with Pakistan Sweet Home and Jamila Sultana Foundation, organized a Thalassemia Screening and Blood Donation Camp. Both students and faculty members enthusiastically participated in donating blood, leading to the collection of sufficient blood units.



Personal Hygiene Awareness Session

February 21, 2024: The Directorate of Student Affairs, in collaboration with the company Embrace, organized a Personal Hygiene Awareness Session, which provided students with a valuable opportunity to attend an in-person session with a gynecologist. The session emphasized the importance of maintaining personal hygiene and addressed common health concerns, encouraging students to adopt healthy practices in their daily lives.



Coffee Distribution Activity

February 22-23, 2024: The Directorate of Student Affairs arranged stalls for free coffee distribution for students and faculty.



Musical Concert

February 25, 2024: The Directorate of Student Affairs organized a musical concert featuring a renowned singer, Mr. Farhan Saeed. The campus buzzed with excitement as his vibrant tunes filled the air, creating an unforgettable evening of music and joy.



Panel Discussion on Disinformation and Fake News

February 27, 2024: The Department of Media & Communication Studies arranged a panel discussion with the support of Freedom Network (Media Rights Organization) on the topic "Disinformation on fake News: Challenges and Solutions". Academicians, Senior journalists, and AI experts discussed Countering Disinformation through Artificial Intelligence, Curricula in Schools and Universities about Media Literacy, and how we can make a coalition of academia and Practitioners to initiate research projects and counter disinformation. Dr. Noman Ansari, Assistant Professor, was the moderator of the Panel Discussion. Vice Chancellor Prof. Dr. Anila Kamal appreciated the efforts of Freedom Network for their support regarding the initiation of the research Project.



Recreational Trip

February 27, 2024: The Department of Statistics has arranged a recreational trip to Joyland and Shah Allah Ditta Cave. The trip not only provided a break from the usual academic activities but also served as a joyful experience, fostering a sense of community among the students.



Annual Sports Gala

February 28- March 07, 2024: Rawalpindi Women University (RWU) successfully organized its Annual Sports Gala, featuring enthusiastic participation from students, faculty, and staff. The week-long event, under the leadership of Vice Chancellor Prof. Dr. Anila Kamal, highlighted the university's commitment to holistic education and women's empowerment through sports.

The Annual Sports Gala commenced on February 28. The competitions were held on February 28 and 29, while badminton and table tennis matches ran from March 1 to 4. Students competed in various events, including badminton, table tennis, tug of war, chess, races, and aerobics. The grand closing ceremony featured a march-past and martial arts demonstrations by five houses: Sports Society, Butterfly, Eagle, Dove, Flamingo, and Unicorn. Winners across categories were honored with awards, recognizing their outstanding performances.

Vice Chancellor Prof. Dr. Anila Kamal emphasized the significance of sports for physical and mental well-being. RWU's Sports Gala showcased the university's dedication to nurturing talent and promoting an active, inclusive campus culture.



Literacy Session

March 03, 2024: The RWU library conducted a literacy session for BBA 2nd-semester students with the aim of enhancing their awareness of library resources. The session covered key topics such as navigating OPAC, utilizing academic databases, and accessing the digital repository.



RWU Library Hosts Book Launch

March 03, 2024: The RWU Library hosted a book launch event for "Life" by Col. (Retd.) Bakhtiar Hakeem. The event was graced by the presence of Vice Chancellor Prof. Dr. Anila Kamal, who highlighted the significance of literature and book reading.

Distinguished guests included Dr. Maqsooda Hussain, Principal of Fazaia Degree College, Rana Abdul Baqi, Sr. Director of Cabinet Secretariat (Retd), Lt Gen. Naeem Khalid Lodhi (Retd) HI (M), and RWU departmental heads, including Prof. Dr. Sobia Masood, Prof. Dr. Samina Qamar, and Prof. Dr. Muhammad Zaman Ashraf.



Awareness session on Financial Inclusion and Banking Equality

March 06, 2024: To promote financial inclusion and banking equality, RWU students serving as Ambassadors of the State Bank of Pakistan organized an insightful session. The event featured representatives from the State Bank of Pakistan and Bank Al Habib and was held in collaboration with the Office of External Linkages at RWU. This initiative marks an important step towards preparing students to engage in the evolving world of finance.

Vice Chancellor Prof. Dr. Anila Kamal emphasized the significance of sports for physical and mental well-being. RWU's Sports Gala showcased the university's dedication to nurturing talent and promoting an active, inclusive campus culture.



Dignified Presence of First Lady Begum Samina Arif Alvi Marks RWU's International Women's Day Celebration

March 08, 2024: Rawalpindi Women University (RWU) was honored to have hon'ble first lady Begum Samina Arif Alvi as Chief Guest at International Women Day celebration hosted by RWU in collaboration with Save Our Society (SOS) foundation. Speaking on the seminar "Accelerating Gender Equality through Economic Empowerment", Begum Samina highlighted the vital role of women's self-dependence for socio-economic development. She acknowledged the progress made on International Women's Day, calling it an opportune moment to review advancements in women's rights while pledging more efforts. CEO of SOS Foundation, Dr. Shaista Sohail, lauded the first lady's role on social issues and called for practical measures like the inclusion of women in decision-making for their independence. Vice Chancellor RWU, Prof. Dr. Anila Kamal, expressed her views on women economic empowerment and highlighted several initiatives of RWU on empowering women. Begum Samina also gave medals and prizes among talented students of RWU who had excelled in different competitions.



Istiqbal-e-Ramadan Program

March 11, 2024: To mark the beginning of the sacred month, a heartwarming "Istiqbal e Ramadan" program was arranged by the Faculty of Islamiyat. Dr. Ayesha Qurat ul Ain, Chairperson of the Faculty of Usuluddin, International Islamic University Islamabad, was the chief guest. The program commenced with a Quranic recitation by Rimsha Bibi, followed by a soulful Naat by Kashaf Ovais. Dr. Ayesha shared insights on Ramadan's significance and its relation to the Quran. Ms. Qurat ul Ain Arshad, Incharge Islamic Studies RWU, expressed gratitude to the guest. The program concluded with a heartfelt dua led by Ms. Saima Bashir, invoking blessings for all.



Study Trip

March 16, 2024: Students from the 6th and 8th semesters of BS Zoology visited the Margalla Hills as part of their Wildlife studies. Led by Dr. Samina Qamer, the students explored the rich wildlife habitat and actively participated in a cleanliness drive.



Zoology Department Welcomes First Ducklings

March 19, 2024: The ducklings of the Department of Zoology have hatched for the first time. The healthy ducklings are currently enjoying their new habitat on the department's lawn. Following expert consultation, improvements were made to their feed and environment, ensuring the successful breeding of the ducklings.



Visit to Askari Bank

March 20, 2024: The Office of External Linkages, in collaboration with the State Bank of Pakistan, organized a one-day exposure visit to Askari Bank for five students from the Department of Business Administration.

During the visit, students explored a wide range of banking operations. They were introduced to the advanced software systems used in banking, learned about corporate sector sales strategies, and understood the criteria for selecting companies. The visit also covered account opening procedures, Management Trainee Officer (MTO) programs, and trading sectors.



PRIME MINISTER YOUTH TALENT HUNT JUDO TRIALS (WOMEN)

Rawalpindi Women University (RWU), in collaboration with the Higher Education Commission (HEC), Islamabad, proudly organized the Prime Minister Youth Talent Hunt Judo Trials (Women) across five regions: Hunza, Skardu, Mirpur, Muzaffarabad, and Islamabad. The event, led by Ms. Sadaf Parveen, Assistant Director Sports and Organizing Secretary PMYP Judo Women Federal, aimed to identify and nurture talented female athletes from remote and urban areas, providing them with a platform to showcase their skills and advance in the sport of Judo.

Hunza

January 24-26, 2024: Inaugurated by Mr. Talha Mehmood, Assistant Commissioner, the trials showcased exceptional talent, selecting ten athletes for the finals.



Skardu

January 26-29, 2024: Chief Guest Ms. Emily Cavanagh, Master Trainer at Ascend Athletic Pakistan, praised the talent of female athletes in the Skardu Region and thanked RWU and HEC. Participants from across the region showcased their Judo skills, aspiring to represent their region on the national and international stage.



Mirpur

February 01-03, 2024: Chief guest Ms. Noreen Butt, Principal of Ghazi Elahi Bakhsh Govt. Post Graduate College, and Ms. Huma Fawad, Director Student Affairs RWU, emphasized sports' role in community development.



Muzaffarabad

February 16-17, 2024: Dr. Aftab, Chairman, Dept. of Management Sciences, University of AJK, highlighted sports in education.



Islamabad

February 19-20, 2024: The Islamabad region trials were held at Rawalpindi Women University, where Prof. Dr. Anila Kamal, Vice Chancellor RWU, expressed her satisfaction with the overwhelming participation of women athletes. She commended HEC for its support and reiterated RWU's commitment to promoting and nurturing the potential of female athletes across Pakistan.



ALUMNI AND STUDENT CORNER

Alumni

After completion of my intermediate studies, in a highly competitive era, I was lucky enough and got admitted to my desired field of studies (BS Chemistry) at one of the top notch universities in twin-cities, Rawalpindi Women University (RWU) previously named as Post Graduate Govt. College for Women. This university has been the academic mother to thousands of qualified women serving in different fields and capacities not only in Pakistan but also in all continents of the world. Additionally, I was honored to be in the pioneer batch of BS Chemistry (2019-2023) of Rawalpindi Women University accredited by Higher Education Commission of Pakistan (HEC).

During my studies at RWU, I was blessed with the highly competent teachers, cooperative and hardworking fellows and welcoming staff of the university. Moreover, the Department of Chemistry, being the most famous and highly reputed department of this institute for decades, has all the required and advanced facilities and equipment especially the laboratories and apparatuses. Therefore, it really helped me to develop a research aptitude which led me to decide and pursue "Academia" as my career and future track.

During the last few months of my bachelors degree at RWU, I started applying for postgraduate studies at the world's best universities across the world. As a result of my efforts, support and guidance of my teachers and my parent's prayers, I not only secured admission in "Masters of Science in Chemistry and Material Sciences" but also was granted a full scholarship at Aalto University, Finland. Globally, Aalto University is ranked 9th in the QS ranking of universities under 50 years. Its "School of Chemical Engineering" which offers the above-mentioned programme, is ranked as the top school/department in the field of chemistry all across Europe.

I kicked-off my studies in August 2024 and it's been an outstanding experience so far. I am grateful to Rawalpindi Women University for providing me with a solid foundation which helped and enabled me to get what I have today. Moreover, I would also like to thank Mrs. Sumaira Sadaf, Deputy Controller of Examination, for her continuous support and cooperation throughout my admission process and journey. Last but not the least, I would like to advise the current students of Rawalpindi Women University also to "Think big, dream big, believe big, and the result will be BIG" Inshallah. Start exploring such opportunities in order to excel in your life. As an alumni of RWU, I will be voluntarily available for any kind of guidance and counselling. You can reach me out at "komalraana891@gmail.com". At the end, I could not stop myself to quote our national poet, Allama Iqbal (رحمہ):

Thanks RWU and family!

تو شائین ہے پرواز ہے کام تیرا۔ تیرے سامنے آسمان اور بھی ہیں۔



KOMAL RAANA
Graduate of Batch (2019-2023)

Student Review

My journey at Rawalpindi Women University has been nothing short of transformative. Over the past two years, I've had the privilege of being an integral part of the Green Youth Movement (GYM) Club, first as the General Secretary, then as the Director Communication Lead, and now, in my final year, as the Captain. The university has provided me with an incredible platform to lead and organize impactful initiatives, including a kitchen gardening workshop, a one-day trip to Khewra Salt Mines, an eco-friendly lunch, seminars on solid waste management, scrappy cooking, and water conservation awareness. One of our most fulfilling projects was a cleanliness drive at Kinara Lake, carried out in collaboration with Friends of Margalla Hills National Park, and a recent plantation drive in partnership with the Pakistan Tobacco Company.

Beyond the GYM Club, my role in the Student Council has allowed me to contribute to the university's events in meaningful ways. I led the security team for the fun fair in 2024 and the monitoring and rounds team in 2025.

Additionally, I handled hall management during the 2nd and 3rd International Conferences hosted by our university. My responsibilities also extended to managing the gate during both days of Rising Pakistan in 2024.

These experiences not only taught me leadership, teamwork, and organizational skills but also instilled in me a sense of purpose and commitment to the environment and student community. Achieving the dual roles of Captain of the Green Youth Movement Club and President of the Environmental Club was a proud moment for me, symbolizing the trust and support I have received from my peers and mentors.

I am deeply grateful to Rawalpindi Women University for providing me with these opportunities to grow as a leader and as an individual. My heartfelt gratitude goes to the Directorate of Student Affairs (DSA) and the Department of Botany staff for their unwavering encouragement and support. A special thank you to Miss Khadija Saeed, Dr. Sadia Malik, Miss Zerish Gulbaz, Maheen Ashfaq president of Student Council and Heba binte Sajid whose guidance and mentorship have been invaluable throughout my journey.

These roles and responsibilities have not only prepared me for future challenges but have also taught me that with the right opportunities and support, students can achieve remarkable things. To my fellow students, I would like to say: always embrace challenges, step into leadership roles, and give back to the university community that nurtures you.

This university has shaped me into who I am today, and I will always cherish the memories, experiences, and lessons I've gained during my time here.



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