

NEWS LETTER

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RAWALPINDI
WOMEN
UNIVERSITY

VICE CHANCELLOR'S MESSAGE

It gives me immense pleasure to share some of the recent achievements and milestones of Rawalpindi Women University (RWU), reflecting our unwavering commitment to excellence, innovation, and inclusivity. Since this is the last quarter of my tenure at RWU, I feel extremely proud as a few efforts for the last four years bore fruit, and we can achieve the milestones established at the time of my joining this Institute. Recognition of the RWU Office of Research, Innovation and Commercialization (ORIC) by the Higher Education Commission (HEC) is one such endeavour that brings a testament to RWU's growing research impact. The Solarization Project highlights our commitment to sustainability and green energy, and equally important is our investment in people through in-house capacity-building training programs conducted under the umbrella of NAHE, HEC in the University for faculty and management. The Academic Audit conducted under SAR and Institutional performance under RIPE affirms our focus on quality and accountability. In a significant stride towards international collaboration, RWU also hosted a high-level meeting to strengthen Pak-China collaboration in agricultural innovation and sustainability.

We also take great pride in our students' outstanding accomplishments, from winning the Best University and Best Ambassador Awards at HITEC Olympiad 2025 to securing 2nd position at the Inter-University Drama Competition during Punjab Cultural Day celebrations. Our students continue to shine, as one of our students being selected for the Pakistan-Australia Blind Cricket Tournament marks another proud moment of inclusivity and talent. Our vibrant campus life was enriched through the successful hosting of the 4th Job Fair, the 2nd Annual Sports Gala, and the 2nd IDEAFEST, all of which provided platforms for talent showcase, innovation, and career opportunities. The successful organization of the 1st International Symposium on AI Horizons and RWU Rising Pakistan 4.0 further demonstrates our dedication to the academic and overall development of our students as responsible professionals and citizens of the country. Together, these achievements reflect the dynamic spirit of RWU and our collective journey toward academic excellence and societal impact. I wish RWU, its faculty, its administration and above all, its students continued growth and development and hope they emerge as a citadel of learning, vitality and growth for the female population of the country, Ameen.

Pakistan Zindabad, RWU Paindabad!



Prof. Dr. Anila Kamal

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RWU MILESTONES

RWU's Office of Research, Innovation, and Commercialization (ORIC) Receives Official Recognition from HEC

April 22, 2025: Rawalpindi Women University proudly announces the official recognition of its Office of Research, Innovation, and Commercialization (ORIC) by the Higher Education Commission (HEC) of Pakistan.

To celebrate this milestone, a cake-cutting ceremony was held at the Vice Chancellor's Secretariat, where Prof. Dr. Anila Kamal, Vice Chancellor RWU, along with the Office of the Registrar and the Directorate of Student Affairs, congratulated the ORIC team for their outstanding dedication. Speaking on the occasion, Prof. Dr. Anila Kamal emphasized that strengthening a research culture and empowering women through innovation and self-reliance are central to RWU's mission. Dr. Motsim Billah, Additional Director ORIC, acknowledged that this achievement was made possible due to the visionary leadership of Prof. Dr. Anila Kamal, whose support has been the driving force behind this success.



RWU Commissions 300KW Solar System

Under the dynamic leadership of Vice Chancellor, Prof. Dr. Anila Kamal, Rawalpindi Women University (RWU) has taken a significant step toward ensuring environmental sustainability and clean energy solutions by commissioning a solar system of 300KW. Installed across the rooftops of key campus buildings and parking areas, the system will provide a reliable source of renewable power, significantly reducing both electricity costs and carbon emissions. Aligned with the United Nations Sustainable Development Goal 7 (Affordable and Clean Energy), this initiative reflects RWU's commitment to long-term sustainability.



Meeting of Syndicate

June 19, 2025: The 11th meeting of the RWU Syndicate was chaired by the Minister for Higher Education, Punjab, Mr. Rana Sikandar Hayat, and attended by representatives from various departments of the Government of Punjab, including HED, Law, Finance, HEC, PHEC, and the Provincial Assembly of Punjab. The eminent members and VC appointed by the Chancellor, including Mr. Syed Tahir Shahbaz (PAS), Mr. Sohail Altaf, Dr. Shabnum Sarfaraz, Dr. Aliya H. Khan, and Dr. Kamran (VC MNSUET), were also part of the Augustus House. The Syndicate approved important administrative matters related to the faculty and the university.



RWU Inaugurates First Women Herbarium

Rawalpindi Women University has inaugurated its first Women Herbarium, a state-of-the-art facility dedicated to botanical research and education. The herbarium will serve as a valuable resource for both students and faculty, offering opportunities for scientific inquiry, plant specimen preservation, and hands-on learning.

This milestone marks a significant achievement for the Department of Botany, further solidifying RWU's commitment to academic excellence.



MEETING

2nd Institutional Quality Circle Meeting

April 09, 2025: The 2nd meeting of the Internal Quality Committee (IQC) under the chairpersonship of the Hon'ble Vice Chancellor brought together Academic and Administrative Heads, and Quality Assurance Representatives. Discussions focused on the review of progress related to Self-Assessment Reports (SARs) and the Program Review & Evaluation Exercise (PREE), along with timelines for RIPE and PGPR. Updates were shared on the formation of SCALE and the selection of Leadership Student Representatives (LSRs). The launch of the Student Complaint Portal was announced, alongside updates regarding PhD NOC submissions and preparations for the upcoming Institutional Performance Review (IPR). It concluded with a set of actionable steps, including the finalization of external reviews, revisions to the strategic plan, and improved mechanisms to enhance student engagement across the university.



Board of Studies

Various RWU departments held their Board of Studies (BOS) meetings to update curriculum in accordance with the HEC guidelines for their respective programs. Additionally, they finalized the list of external examiners, and reviewed the departments' mission, vision, and objectives.

Sociology

May 02, 2025: The meeting of the Sociology department was chaired by Dr. Raza Ullah, Chairperson, Department of Sociology, and attended by internal members Dr. Ume Habiba and Ms. Kainat. Esteemed external experts included Prof. Dr. Hazir Ullah and Dr. Sadia Saeed from Quaid-i-Azam University, and Dr. Rabia Ali from the International Islamic University, Islamabad.



Botany

May 05, 2025: The Department of Botany held its BOS meeting under the chairmanship of Dr. Yamin Bibi, with active participation from esteemed external members along with the departmental faculty.



Physics

May 06, 2025: The Department of Physics conducted its 7th Board of Studies meeting with the participation of esteemed external experts and departmental faculty under the chairmanship of Dr. Irfan Qasim, Chairperson of the Department.



BS Microbiology Curriculum Successfully Approved

May 13, 2025: The BS Microbiology program curriculum has been successfully approved under the visionary leadership of Vice Chancellor Prof. Dr. Anila Kamal and academic supervision of Prof. Dr. Saima Mustafa, Chairperson, Department of Zoology. Faculty members, subject specialists, and industry experts contributed valuable insights to align the curriculum with current academic and industry standards.



Zoology

May 14, 2025: Prof. Dr. Saima Mustafa, Chairperson and Convener of the Board of Studies, chaired the meeting held to discuss updating course codes, titles, and content, with valuable input from departmental faculty, subject specialists, and industry experts.



RWU Hosts Trilateral Meeting to Strengthen Pak-China Collaboration in Agricultural Innovation and Sustainability

May 02, 2025: Rawalpindi Women University (RWU) hosted a trilateral meeting with delegates from Northwest Agriculture & Forestry University (NWAUFU), China, and Quaid-i-Azam University (QAU), Islamabad, under the theme “Strengthening Pak-China Partnerships for Agricultural Advancement and Environmental Sustainability.” The meeting explored collaboration in agricultural biotechnology, climate-smart practices, biohealth, and sustainability, emphasizing empowering women in science. Distinguished guests included Prof. Dr. Lixin Zhang (NWAUFU) and Prof. Dr. Mushtaq Ahmad (QAU).

Prof. Dr. Anila Kamal, Vice Chancellor RWU, welcomed the guests and reaffirmed RWU’s commitment to inclusive, women-led innovation and meaningful global engagement. Delegates explored plans for joint research, student and faculty exchanges under the Belt and Road Initiative (BRI), and RWU’s proposed inclusion in the Silk Road Biohealth Agricultural Industry Alliance. A networking session concluded the event, sparking dialogue on shared academic goals and cross-border cooperation.



RWU PARTICIPATIONS

International Conference on English Studies

April 10, 2025: Dr. Azka Khan from the Department of English, RWU, was invited to chair a session at the 1st International Conference on English Studies, hosted by the Department of English at Capital University of Science and Technology (CUST). Dr. Azka Khan offered valuable feedback on the research presentations, enriching the academic dialogue and helping shape future research directions. The conference explored key themes, including emerging trends in English studies, interdisciplinary approaches, and the role of language in societal change.



Painting Competition

April 14, 2025: Ms. Nabiha Muzzafar from the Department of Fine Arts was invited to serve as one of the judges for the Painting Competition organized in connection with Punjab Culture Day at the Punjab Council of the Arts (PUCAR), Rawalpindi.

The event brought together young and talented artists who beautifully captured the colors, traditions, and vibrant spirit of Punjabi culture through their artwork.



Participation in 7th International Conference on Islamic Business (ICIB-2025)

April 23, 2025: MS students from the Department of Business Administration participated in the 7th International Conference on Islamic Business (ICIB-2025). They were accompanied by Dr. Fatima (IPFP Fellow) to engage in dynamic discussions around the theme "Harnessing Technology with Ethical Governance: An Islamic Perspective on Fairness, Justice, and Equity in the Digital Age."

Organized by the Riphah Center for Islamic Business (RCIB), the conference connected academia and industry to reflect on Islamic principles in the evolving digital landscape.



International Social Research Conference

May 23-24, 2025: Dr. Raza Ullah, Chairperson, Department of Sociology, represented Rawalpindi Women University at the 2nd International Conference on Social Work and Social Research, held at Azerbaijan University, Baku. Dr. Raza Ullah presented his research paper titled "Barriers to Women's Access to Social Protection Programs in Pakistan." His presentation highlighted the major obstacles women face in accessing social protection services, offering data-driven insights and policy recommendations aimed at making these programs more inclusive and effective. Additionally, Dr. Raza Ullah chaired an academic session, facilitating meaningful discussions on pressing social issues and collaborating with scholars and researchers from around the world.



Webinar on Social Influence

May 27, 2025: Ms. Maria Muzaffar Janjua, Lecturer, Department of Psychology, conducted a webinar for the faculty members and MS students of the Department of Psychology, University of Wah, on the topic "Unpacking Social Influence: The Role of Norms in Shaping Our Behaviors." The session explored how social norms, both explicit and implicit, impact individual behavior, decision-making, and social interactions.

Vice Chancellor Addresses Symposium on Social Sciences and Nation Building

June 03, 2025: Prof. Dr. Anila Kamal, Vice Chancellor Rawalpindi Women University, was invited as the Chief Guest at a symposium hosted by the Department of Psychology, National University of Medical Sciences (NUMS). The symposium, titled "Peaceful and Inclusive Societies: Exploring the Role of Social Sciences in Nation Building," provided a platform to discuss the transformative impact of social sciences. Dr. Anila's insightful contributions added significant value to the dialogue, reinforcing RWU's commitment to academic excellence, inclusive discourse, and leadership in national development.



Vice Chancellor Participates in Vice Chancellors' Round Table on Tobacco-Free Campuses

June 14, 2025: Vice Chancellor Prof. Dr. Anila Kamal represented Rawalpindi Women University at the Vice Chancellors' Round Table Conference: Promoting Tobacco-Free Campuses and Communities, held at a hotel in Murree. Organized by the Health Services Academy (HSA) under the Ministry of National Health Services, Regulations & Coordination, the conference brought together academic leaders to reaffirm their collective commitment to health promotion and tobacco control. Dr. Anila pledged full support for a tobacco-free future on the RWU campus and for fostering a healthier community.



SAR/PREE at FJWU

June 17-18, 2025: Dr. Baqir Husnain, Director QEC, visited Fatima Jinnah Women University (FJWU) as an external evaluator for the Self-Assessment Report (SAR) and Program Review & Evaluation Exercise (PREE). The review encompassed all degree programs offered by the Departments of Education, Islamic Studies, and Mathematics. During the visit, Dr. Baqir held meetings with faculty members, examined program documentation, and assessed the academic quality, learning outcomes, and alignment with quality assurance standards.



External Evaluations for Self-RIPE at IIUI, FUI, IIU

Dr. Baqir Husnain, Director QEC RWU, was invited as an external evaluator for Institutional Performance Evaluations (Self-RIPE) at various universities, contributing to the enhancement of quality assurance practices in line with HEC standards. On May 22–23, 2025, he evaluated International Islamic University Islamabad (IIUI), where he engaged with university leadership, faculty, and QEC teams, focusing on strategic planning, curriculum implementation, and governance structures. At Foundation University (June 19, 20, and 23) and Ibadat International University (June 25–26), his reviews involved comprehensive document analysis, interactive faculty sessions, and structured feedback to assess institutional effectiveness.

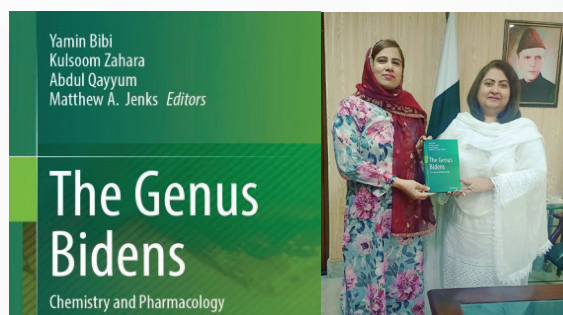


HONORS & AWARDS

International Publication by Chairperson of Botany Department

Dr. Yamin Bibi, Chairperson Department of Botany, Rawalpindi Women University, has authored a scientific book titled “Genus Bidens: Chemistry and Pharmacology”, published by Springer Nature (2025) available at <https://link.springer.com/book/10.1007/978-981-96-4257-1>

This comprehensive scientific monograph explores the phytochemistry, pharmacological activities, and therapeutic potential of Bidens species - making a significant contribution to natural product research and medicinal plant studies. The book serves as a valuable resource for researchers, pharmacologists, botanists, and students worldwide.



Vice Chancellor Prof. Dr. Anila Kamal congratulated Dr. Yamin Bibi on this remarkable academic achievement and appreciated her contribution to advancing research and enhancing the international recognition of RWU.

RWU Student Selected for Pakistan-Australia Blind Cricket Tournament

Shumaila Kiran, a 4th-semester Psychology student at Rawalpindi Women University, has been selected to represent Pakistan in the upcoming Pakistan-Australia Blind Cricket Tournament which not only speaks to Shumaila's personal perseverance but also underscores RWU's inclusive and empowering environment. Under the leadership of Vice Chancellor Prof. Dr. Anila Kamal, the university continues to foster student success across academic and co-curricular domains.



RWU Student Wins 2nd Prize in State Bank of Pakistan Speech Competition

April 14-18, 2025: Our 8th-semester student from the Department of Chemistry, Hamna Maryam, won 2nd Prize in the Speech Competition organized by the State Bank of Pakistan, Rawalpindi, during Pakistan Financial Literacy Week. This achievement is part of the Office of External Linkages' ongoing collaboration with SBP, aimed at promoting financial literacy and women empowerment through active student participation. Hamna delivered a thoughtful and impactful speech on “Challenges and Opportunities in Promoting Financial Inclusion in Pakistan,” highlighting issues of access, barriers faced by underserved communities, and the potential for inclusive economic growth.



Best University and Best Ambassador Award at Hi-Tec Olympiad 2025

April 15-17, 2025: Rawalpindi Women University shone brightly with a double victory at the Hi-Tec Olympiad 2025. RWU emerged as the top university, winning the Best University Award, while our Student Council President, Heba Binte Sajid, was honored with the Best Ambassador Award for her outstanding leadership and coordination.

Our talented students showcased incredible skill, passion, and teamwork, winning awards in 27 different competitions, including Carrom, cricket, dramatics, calligraphy, and more.

A proud moment followed on April 29, when the RWU delegation, led Ms. Khadija Saeed (Addl. Director Student Affairs), received the winning trophy from Prof. Dr. S. Kamran Afaq, Vice Chancellor of Hi-Tec University.

Vice Chancellor RWU, Prof. Dr. Anila Kamal, appreciated the students for their outstanding performance, dedication, and discipline, acknowledging them as proud ambassadors of RWU's spirit, talent, and commitment to excellence.



2nd Position at Inter-University Drama Competition

April 23, 2025: Rawalpindi Women University secured 2nd position at the Inter-University Drama Competition, held at the Pakistan National Council of Arts (PNCA). RWU students, representing various academic departments, delivered an exceptional performance that earned them a cash prize of Rs. 75,000. The theme of the competition, "Nashey se Inkaar, Zindagi se Pyaar" (Say No to Drugs, Say Yes to Life), was brought to life through the original play "Andekha Jaal." Supported by the Higher Education Commission and the Anti-Narcotics Force, the event showcased the vital role of culture and education in shaping a drug-free future. The event was inaugurated by Chief Guest Ms. Shazia Rizwan, Parliamentary Secretary for Information and Culture, who highlighted the importance of engaging youth through positive platforms to combat drug abuse and build a healthier society.

Prof. Dr. Anila Kamal, Vice Chancellor RWU, graced the event as Guest of Honor. She emphasized the role of educational institutions in fostering character building and promoting responsible citizenship through initiatives like performing arts.

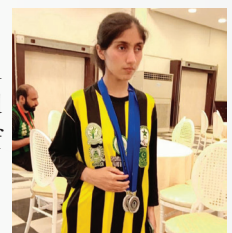
In the individual awards category, Muqaddas from Fine Arts received the Best Villain Award, while Fizza Faisal from English was honored with the Best Female Actor Award for outstanding performances.

The awards were presented by Member National Assembly Ms. Shazia Rizwan and members of the PNCA team. Vice Chancellor Prof. Dr. Anila Kamal praised the RWU students for their achievement, emphasizing that this victory reflects RWU's commitment to nurturing creativity, confidence, and social responsibility through platforms like performing arts.



RWU Student Secures Silver Medals at National Championship

May 21-27, 2025: A student of the Department of Political Science, Hina, won silver medal in football and athletics at the National Championship organized by the Pakistan Blind Federation, held in Karachi. The achievement highlights the talent and determination of RWU students, making the university proud on the national stage.



TRAININGS & WORKSHOPS

Workshop on Resume Writing and Interviewing Skills

April 16, 2025: A workshop on "Resume Writing and Interviewing Skills" was organized by the Department of Business Administration. The session was conducted by Dr. Shoaib Hassan, Assistant Professor, Department of Business Administration, National University of Modern Languages, Islamabad and Master Trainer at National Institute of Banking & Finance (NIBAF), Islamabad.

Dr. Hassan shed light on modern resume writing techniques and shared practical tips for handling various types of interviews during the hiring process.



Workshop on Empowering Youth for Peace and Resilience

April 22-23, 2025: The Office of External Linkages, RWU, in collaboration with Accountability Lab Pakistan, organized a two-day workshop titled "Farq Parhta Hai: Empowering Youth for Peace and Resilience".

Through interactive lectures, group discussions, role-playing, and a mini pitch competition, students explored peacebuilding, social cohesion, diversity, and the role of digital narratives in countering misinformation.

Highlights included the Diversity Mapping Exercise, Digital Storytelling, and Stakeholder Roleplay, sparking creativity, critical thinking, and meaningful dialogue. The workshop wrapped up with a reflection session and certificate distribution, leaving participants inspired to become agents of positive change in their communities.



Workshop on Advanced Microsoft Excel

April 25, 2025: An Advanced Microsoft Excel Workshop was organized by the Department of Business Administration. The session was led by Dr. Tanveer Ahmad, an expert from the Faculty of Finance, Kohat University of Science and Technology.

Dr. Tanveer guided students through hands-on exercises, enhancing their practical command of Excel tools commonly used in data analysis, finance, and business reporting. The workshop provided exposure to industry-relevant skills, helping students strengthen their technical proficiency.



Workshop on Resume Writing

April 29, 2025: The Directorate of Student Affairs, in collaboration with PNY Trainings, organized a one-day workshop on "Resume Writing" as part of the ongoing Student Mentorship Program.

Dr. Sidra Mehmood, Assistant Professor at Riphah International University, shared expert strategies for crafting clear, tailored, and impactful resumes. She emphasized keyword optimization, effective structuring, and job-specific customization to enhance resume visibility and effectiveness.



Workshop on Data Decoding

May 22, 2025: The Department of Psychology conducted a hands-on SPSS workshop titled "Decode the Data: Quantitative Analysis Made Easy". Tailored specifically for research students, the workshop aimed to equip participants with essential skills in preparing, analyzing, and interpreting quantitative research data using SPSS.



Orientation Session for the Certificate in Cosmetic Formulations

June 26, 2025: The Department of Chemistry organized an Orientation Session for the Certificate in Cosmetic Formulations. Prof. Dr. M. Zaman Ashraf, Chairperson Department of Chemistry, highlighted the significance of the course in developing practical skills and promoting innovation in cosmetic sciences. All faculty members actively participated in the session, emphasizing the importance of the course in meeting modern industry needs and opening doors to future career opportunities.



Write with Integrity: APA 7th Edition for Academic Excellence

The RWU library launched the "Research Support Service Series," specifically designed for MPhil scholars. This comprehensive 13-part series is scheduled to run from June to December 2025, aimed at providing participants with essential research skills and knowledge to enhance their academic pursuits.

The first session, "Write with Integrity: APA 7th Edition for Academic Excellence," was conducted by Ms. Sanila Aslam, Addl. Librarian. RWU MPhil scholars from the Botany, Zoology, Mathematics, Psychology, and Statistics departments actively participated and engaged in the Q&A session.



National Outreach and Capacity Building Training Programs

Rawalpindi Women University (RWU), in collaboration with the National Academy of Higher Education (NAHE), successfully conducted a series of capacity-building and mentorship programs aimed at faculty development, women empowerment, and strengthening university management. The workshop was hosted by the Office of Research, Innovation and Commercialization (ORIC) at RWU Campus.

National Outreach Program for Faculty Development

April 07, 2025: Rawalpindi Women University (RWU) hosted the inaugural ceremony of the National Outreach Program which is a flagship faculty development initiative of the National Academy of Higher Education (NAHE) under the Higher Education Commission (HEC). Dr. Noor Amna Malik, Managing Director of NAHE was the chief guest of the inaugural ceremony. The four-week structured training aimed to equip early-career faculty members of RWU with essential pedagogical, academic, and leadership skills. The program features a nine-module curriculum, tailored to strengthen teaching quality and institutional capacity across the higher education sector. In her address, Dr. Noor Amna Malik underscored the transformative role of education and the responsibility that educators carry. "Teaching is not merely a profession; it is a profound social responsibility. This program is an investment in Pakistan's academic leadership," she stated, urging participants to actively engage with the modules. She further highlighted that the initiative reflects HEC's commitment to evidence-based, practice-oriented faculty training. Addressing the ceremony, Vice Chancellor Rawalpindi Women University, Prof. Dr. Anila Kamal expressed gratitude to NAHE and HEC for selecting RWU for training. She emphasized the university's commitment to foster academic excellence through continuous professional development. "This initiative will enhance the capabilities of our faculty and help instill a lasting culture of lifelong learning," she said. Dr. Anila also shed light on RWU's recent strides in improving teaching infrastructure and cultivating a research-driven academic environment. The launch ceremony was attended by Mr. Tahir Abbas Zadi, Program Coordinator at NAHE, Mr. Sohail Raza Mangi, Assistant Director at NAHE and Dr. Zeshan Ahmed Khatak from National University of Science and Technology, who conducted the opening training session.



The organizer Dr. Motsim Billah, Addl. Director ORIC RWU said that this will be a landmark chapter in capacity building and academic leadership development at RWU. The ceremony concluded with presentation of souvenirs to the guests by Prof. Dr. Anila Kamal.

Concluding Ceremony of National Outreach Program & WEMP

April 30, 2025: The concluding ceremony of the National Outreach Program for Faculty Development and the Women Empowerment & Mentoring Program (WEMP) held at Rawalpindi women university.

Chief Guest Dr. Zia Ul-Qayyum, Executive Director HEC, praised RWU’s professional execution, describing the initiative as a model to follow. Dr. Noor Amna Malik, Managing Director NAHE, emphasized the programs’ role in developing master trainers and strengthening institutional culture.

Vice Chancellor, Prof. Dr. Anila Kamal, shared that the trained mentors will now lead student programs focused on leadership, decision-making, and self-confidence. She also announced a NAHE-supported training for RWU administration in the second week of May to align governance with academic goals.



Capacity Building Training Program for University Management

May 12, 2025: A week-long training programme was held at RWU, with the opening ceremony attended by Mr. Suleman Ahmad, Director NAHE, as the chief guest, along with the programme’s focal person, Raja Asif Hussain.

Vice Chancellor Prof. Dr. Anila Kamal welcomed the guests and appreciated NAHE’s initiative, stating that such training programs enhance professional capabilities and contribute to overall institutional performance.

Director NAHE Mr. Suleman Ahmad acknowledged RWU as one of the few institutions organizing such comprehensive management training. He mentioned that NAHE is now focused on management capacity-building alongside faculty training, having conducted similar sessions in over 60 universities in the past eight months.



Concluding Ceremony of Capacity Building Program for University Management

May 16, 2025: The closing ceremony of the University Management Capacity Building Program marked a milestone in enhancing administrative competencies. Dr. Noor Amna Malik, Director NAHE, praised RWU’s leadership for being the only university to successfully execute both faculty and administration training modules, along with the mentorship program. She also announced the implementation of a cascading model at RWU to ensure long-term impact.



Vice Chancellor Prof. Dr. Anila Kamal extended her gratitude to HEC and NAHE, noting that the modules had benefited participants across all administrative units. Program Coordinator Mr. Tahir Abbas Zaidi highlighted the importance of integrating artificial intelligence in university operations and the need for tech-savvy leadership.

SEMINARS & WEBINARS

Medicine Safety

April 08, 2025: The Department of Zoology organized a seminar titled "Think Before You Take: The Importance of Medicine Safety." Dr. Akhtar Abbas Khan from the Drug Regulatory Authority of Pakistan shared insights on the responsible use of medicine.

The seminar focused on raising awareness about the dangers of irrational medicine use, particularly the overuse of antibiotics and painkillers. Dr. Akhtar emphasized the importance of prioritizing food and hygiene for a healthy lifestyle.



Student Mentorship Program

April 08, 2025: The Directorate of Student Affairs has launched the Student Mentorship Program to bridge the gap between academia and the professional world. As part of this initiative, a series of seminars and workshops has been scheduled. The first seminar in the series focused on a core professional skill which is communication.

The session was conducted by Prof. Dr. Matiur Rehman, Dean Allied Health Sciences & Patient Safety at the Health Services Academy, Islamabad, and WHO Consultant for the National Patient Safety & Quality of Care Framework.



Digital Safe Spaces and Online Harm Prevention

April 09, 2025: The Department of Media and Communication Studies in collaboration with United Nations Development Program (UNDP), Pakistan, organized a seminar on "Digital Safe Spaces and Prevention of Online Harm for Women." The session was part of UNDP's initiative "Safe Digital Environment," aimed at training and raising awareness among university students about online safety. Mr. Usman Zafar, Head of the Safe Digital Environment program, and Ms. Azima Zaidi, Manager Social Inclusion at UNDP, led the session. They addressed critical issues such as cyberbullying, online harassment, and digital disinformation, highlighting their disproportionate impact on women. The discussion also covered the importance of support networks, emotional counseling, and practical guidance on privacy settings and complaint mechanisms across social media platforms.



Mathematical Foundations of Artificial Intelligence

April 09, 2025: The Department of Mathematics organized a seminar titled "Mathematical Foundation of Artificial Intelligence: From Theory to Application." The resource person for the seminar was Associate Professor Dr. Ambreen Afsar from the International Islamic University, Islamabad. The seminar offered participants a deeper understanding of the mathematical foundations powering Artificial Intelligence. From probability and statistics to linear algebra, calculus, and optimization it highlighted how these core concepts enable machines to learn, adapt, and make intelligent decisions, emphasizing the critical role mathematics plays in AI development.



Media Imperialism Through Films

April 10, 2025: MPhil students from the Department of Media and Communication Studies organized a thought-provoking seminar on media Imperialism through films: Cultural Dominance in a Globalized World. Ghulam Maaz Jan, Lecturer at Bahria University shared insights on how the global media and films can influence culture norms, values and traditions.



Media Literacy

April 11, 2025: The Department of Communication and Media Studies organized a seminar titled "Media Literacy: Preparing Next Generations to Fight the War of Perceptions and Narratives". Dr. Qasim Ali Shah, a scholar renowned for his work in peacebuilding and narrative studies, delivered a keynote address emphasizing the critical role of media literacy in today's digital age in building a well-informed and educated society. Prof. Dr. Sobia Masood, Head of Department, presented a token of appreciation to the guest speaker.



New Media Sensationalism and Fake News

April 14, 2025: The Department of Media and Communication Studies organized a seminar on "New Media Sensationalism and Fake News," highlighting the urgent challenges of misinformation in today's digital world.

Arranged by MPhil students, the event featured Mr. Riaz ul Haq, senior investigative journalist from 92 News, who shared insights from his 13+ years of experience. He explained how sensational headlines can distort facts and shape public opinion, emphasizing the importance of critical thinking and media literacy.



Nutritional Requirements in Plants

April 15, 2025: The Department of Botany hosted an informative seminar on "Nutritional Requirements in Plants". Mr. Abdul Waheed, Principal Scientist from the Soil & Water Testing Laboratory, conducted the seminar. He emphasized the significance of plant nutrients, identifying deficiencies, and the effective use of fertilizers. He also shed light on the role of his institute in plant nutrient analysis and shared research protocols.



Personal Growth

April 15, 2025: The Department of Psychology organized a seminar titled "Unstoppable You: Unlocking Personal Growth, Potential, and Purpose". The session was conducted by Mrs. Shaheen Firdous, a Coach, Counselor, Trainer, Motivational Speaker, Author, and Social Worker from the University of Management and Technology, Lahore.

She shared insights on personal growth, self-discovery, and purpose-driven living, encouraging participants to overcome internal barriers and unlock their true potential.



Personal and Professional Development

April 15, 2025: The Department of Business Administration organized a seminar on "Personal and Professional Development". The guest speaker for the event was Dr. Hafsa Zahur, Assistant Professor, Department of Management Sciences, National University of Modern Languages, Islamabad. The students found the session highly engaging, as she imparted contemporary insights on personal and professional growth.



Educational Initiatives and International Collaboration

April 16, 2025: The Department of Computer Science hosted a seminar in collaboration with the Tenacious Academic Group. The guests included Professor Sajjad Qamar, Dr. Kamran Aidi, Director of Education, and Ms. Sadaf, Head of Computing at Pearson University, who shared insights into their ongoing educational initiatives and international affiliations.



Effect of Climate Change on Agriculture

April 23, 2025: The Department of Botany hosted a seminar titled "Effect of Climate Change on Agriculture" by Dr. Muhammad Rashid, Senior Scientist from the Soil & Water Testing Laboratory.

Dr. Rashid provided insights into the impact of climate change on agriculture, focusing on its effects, predictions, and the importance of awareness for agricultural improvements in changing climatic conditions.



The 21st Century Newsroom

April 24, 2025: The Department of Media and Communication Studies organized a seminar on "The 21st Century Newsroom: Citizen Journalism, Multimedia Narratives, and the Evolving Media Landscape." The event, arranged by MPhil students, featured Mr. Irfan Ghauri, Director at World Echo News, who shared his expertise on ethical journalism, information gathering, and advanced research techniques.



Key takeaways included the difference between primary and secondary news sources, mastering Google search methods, exploring scholarly repositories, and ensuring authenticity and integrity in journalism.

Mass Media and Emotional Health

April 28, 2025: The Department of Media and Communication Studies hosted a thought-provoking seminar titled "Mass Media and Emotional Health". Ms. Faiza Mubeen, Clinical Psychologist, explored the psychological effects of media exposure, focusing on how constant digital stimuli influence youth emotional well-being and stress levels. Ms. Salma Kousar, broadcast journalist, shed light on the emotional toll of media narratives and the need for responsible reporting.



Dr. Ghulam Safdar concluded the seminar by presenting tokens of appreciation to the guest speakers and advocating for the integration of mental health awareness into media education, aligning with RWU's vision for holistic student development.

Nano-Proteomics for Crop Stress Resilience and Nutrition

April 29, 2025: The Department of Botany organized a seminar on "Nano-Proteomics for Stress Resilience and Nutritional Enhancements in Crops" featuring Dr. Ghazala Mustafa, Associate Professor, Department of Plant Sciences, Quaid-i-Azam University, Islamabad. Dr. Ghazala shed light on the innovative application of nano-proteomics in enhancing crop nutritional value and improving resilience against biotic and abiotic stresses. She also discussed the broader role of proteomics in plant stress management and future directions in this emerging field highlighting cutting-edge findings from her laboratory research.



AI in News Reporting

May 05, 2025: The MPhil students of the Department of Media and Communication Studies organized a seminar exploring how artificial intelligence is transforming news writing and reporting, raising critical questions about the role of human touch in storytelling. The seminar featured Mr. Jamshaid Sultan, a News and Program Producer at PTV World.



Financial Inclusivity and Career Counseling

May 20, 2025: As part of the ongoing Student Mentorship Program, the Directorate of Student Affairs, in collaboration with Mobilink Microfinance Bank, organized a one-day seminar titled "Financial Inclusivity and Career Counseling".

The resource persons for the seminar, Mr. Sameer and Ms. Aimen Rafiq Abbasi, shared insights from the financial and professional development sectors. Through interactive sessions, they engaged students by emphasizing the importance of financial literacy, budgeting, saving, and exploring diverse career paths aligned with students' interests and skills. This initiative aligns with the United Nations Sustainable Development Goals (SDG).



Ethics of Journalism in the Digital Era

May 20, 2025: The Department of Media and Communication Studies, in collaboration with Independent Urdu under their “Indy Campus” initiative, organized a seminar titled “Ethics of Journalism in the Digital Era.”

Mr. Bakar Atyani, South Asia Bureau Chief of Independent Urdu, conducted an engaging session with students, discussing the challenges of misinformation, fake news, and deep fakes in today’s media landscape. He also addressed the Israel-Palestine conflict from the perspective of disinformation and emphasized the responsibilities of international media and social platforms in combating fake narratives. Ms. Mehak Fatima, Social Media Producer at Independent Urdu, shared practical insights on content packaging and the production of high-quality videos for digital platforms.



Carnivorous Plants

May 20, 2025: Dr. Mamoona Munir from the Department of Botany conducted a seminar entitled “Carnivorous Plants: Science Fiction or Science Refugia” providing students with useful information regarding carnivorous plants. She highlighted the applications of carnivorous plants and discussed their future prospects and challenges.



AI for Mental Health

May 20, 2025: The Department of Information Technology organized a seminar titled “AI for Your Mind: The Future of Mental Health Diagnoses,” conducted by Dr. Aamir Arsalan. The session explored the transformative role of artificial intelligence in mental health care, emphasizing how machine learning and natural language processing can detect and monitor conditions such as depression and anxiety. Dr. Arsalan shared developments in real-time tracking through mobile apps and wearable devices, showcasing AI tools designed to assist mental health professionals.



Awareness Seminar in Dengue Prevention

May 21, 2025: The Department of Zoology organized an awareness seminar to engage students in the fight against dengue. Dr. Ehsan Ghani, District Officer Health, delivered a session on how students can lead dengue prevention efforts. Mr. Syed Hussain Tirmizi (Deputy DHO, Rawal Town), Dr. Hasnat (District Entomologist), and trainer Mr. Zarqa also guided students on effective surveillance techniques. The students who participated in fieldwork shared their inspiring stories to motivate other fellows.



Philosophy of Islam

May 21, 2025: The Department of Information Technology hosted a seminar titled “Philosophy of Islam,” conducted by Amara and Omama, self-learners in Islamic studies. The session aimed to explore the foundational principles, ethical values, and spiritual dimensions of Islam from a philosophical perspective.

The speakers discussed key Islamic concepts such as Tawheed (oneness of God), the purpose of human life, and the balance between reason and revelation. They emphasized how Islamic philosophy encourages reflection, justice, and moral responsibility in both personal and societal contexts.

Academic Excellence through Digital Resources

An awareness session titled "Unlocking Knowledge: Digital Resources and Repositories for Academic Excellence" was organized by RWU Library to highlight the importance of digital resources and repositories in enhancing academic excellence. The session aimed to familiarize students with key digital tools, databases, and open-access platforms.



INDUSTRIAL AND EXTERNAL LINKAGES

RWU Signs MoU with Paak Fareezah-e-Taleem Foundation

April 25, 2025: Rawalpindi Women University has signed a Memorandum of Understanding (MoU) with Paak Fareezah-e-Taleem Foundation, a non-profit organization dedicated to reintegrating out-of-school and underprivileged children into mainstream education. The MoU was signed by Dr. Baqir Husnain, Director QEC & External Linkages RWU, and Ms. Sehrish Khan Saddozai, Executive Director of the Foundation. The collaboration aims to promote civic engagement, social entrepreneurship, leadership training, research, and public awareness. Both institutions will jointly implement academic programs, training workshops, research projects, and awareness campaigns while providing internships and mentorship opportunities to RWU students. The initiative places special emphasis on empowering marginalized communities, tackling the out-of-school children crisis, and fostering educational and social uplift.



RWU Signs MoU with The Spine Times

May 27, 2025: Rawalpindi Women University (RWU) has signed a Memorandum of Understanding (MoU) with The Spine Times to provide publishing platforms, internships, and media training opportunities for students and faculty. The MoU was signed by Dr. Baqir Husnain, Director QEC & External Linkages, RWU, and Mr. Asadullah Khan Wazir, CEO, The Spine Times.



The partnership will also establish a university chapter, encourage joint research on gender equality, and introduce a Youth Ambassador Program aimed at fostering student leadership and civic engagement.

MoU Signed between RWU & Ibadat International University Islamabad

June 27, 2025: Rawalpindi Women University (RWU) and Ibadat International University Islamabad (IIUI) have signed a Memorandum of Understanding to strengthen academic collaboration and mutual growth. The agreement signed by Prof. Dr. Anila Kamal, Vice Chancellor RWU, and Brig. Muhammad Ajaib, Vice Chairman IIUI, covers joint initiatives at the undergraduate, postgraduate, and PhD levels, as well as cooperation in research, language programs, and academic services. It aims to leverage each institution's strengths, encourage innovation, and support academic exchange.



EXTRA & CO-CURRICULAR ACTIVITIES

Artist Talks

Pricing Artwork, Managing Commissioned Projects

April 08, 2025: The Department of Fine Arts organized an Artist Talk featuring Mr. Ayub Wali, lecturer at the National College of Arts, Islamabad, founder of Hareep Pakistan Art & Architecture Studio, and recipient of the Prince Claus Award.

Mr. Ayub shared insights on pricing artwork, managing commissioned projects, and exploring future opportunities in the art world. He also provided personalized feedback on student portfolios, encouraging critical thinking and creative growth.



Miniature Art

May 20, 2025: The Department of Fine Arts hosted miniature artist Ayesha Durrani for an inspiring Artist Talk. She shared her powerful work exploring themes of gender and identity, reflecting on the struggles women face in balancing tradition and modern life. Her engaging talk offered a deep, personal insight into the female experience through the lens of contemporary miniature art.



Curatorial Practices

May 21, 2025: The Department of Fine Arts hosted Ms. Noor Fatima - curator, educator, and visual artist - for an inspiring Artist Talk. She shared her incredible journey curating Pakistan's exhibitions at global climate conferences (COP27 & COP28) and major art events at the national and international level. Her talk offered insights into contemporary curatorial practices, spatial storytelling, and career development in the arts.



Punjab Cultural Day

April 08, 2025: In compliance with the Punjab Government's directives to celebrate Punjab Cultural Day and promote the province's rich cultural heritage, the Directorate of Student Affairs (DSA), in collaboration with the RWU Creative Arts and Dramatic Society and the Social Sciences Society, brought the vibrant spirit of Punjab to life at Rawalpindi Women University (RWU).



The highlight of the event was a spirited painting competition titled "Colors of Punjab," where Fine Arts students showcased their exceptional talent. Traditional Punjabi attire, flavorful food stalls, and soulful creativity filled the campus, creating an atmosphere of cultural pride.

The Worthy Vice Chancellor commended the students for their remarkable efforts in reflecting the true essence of Punjab through both art and ambiance.

Panel Discussion with Accountability Lab Pakistan

April 10, 2025: The Office of External Linkages, in collaboration with Accountability Lab Pakistan, organized a thought-provoking panel discussion under the national initiative "Farq Parhta Hai". This initiative is designed to strengthen youth leadership and resilience by promoting peace, inclusivity, and social cohesion through digital media, community engagement, and capacity-building activities.

The panel brought together distinguished speakers from academia, media, and civil society who shared their insights on a range of critical topics. These included political awareness and responsible citizenship, grassroots peacebuilding, critical thinking in education, youth-led innovation, and the role of media in Countering Violent Extremism (CVE).

Panelists included Dr. Ghulam Murtaza Pitafi (Lecturer, RWU), Dr. Muhammad Hussain (Trainer and Curriculum Development Specialist), Dr. Baqir Hussain (Director QEC & External Linkages, RWU), Ms. Rida Raheel (Social Impact Entrepreneur and Civil Society Advocate), and Mr. Sabookh Syed (Senior Journalist).

The session inspired lively student participation, encouraging critical dialogue around real-life societal challenges.



RWU Green Youth Movement Collaborates with Milkar for Plantation Drive

April 12, 2025: The Directorate of Students Affairs, joined hands with Milkar to carry out a successful plantation drive at F-9 Park, Islamabad. 21 dedicated members of RWU's Green Youth Movement GYM Club took part in the plantation drive and planted 300+ plants, contributing to a greener and cleaner future.



Art Exhibition to Honor Victims of Jaffer Express Tragedy

April 16, 2025: In a heartfelt expression of solidarity with the victims of the Jaffer Express train tragedy, the Department of Fine Arts organized an art exhibition. Through oil paintings, pastels, watercolors, poster colors, sculptures, and installations, 28 talented students conveyed their emotions through powerful works of art, honoring the memory of those affected.



The exhibition was graced by Vice Chancellor Prof. Dr. Anila Kamal, who praised the creativity and sensitivity of the participants. Cash prizes were awarded to the top performers, recognizing their outstanding academic achievements. Hamna Eman from the 6th semester secured the 1st position and received a prize of Rs. 15,000. Tabeer Zahra from the 4th semester earned the 2nd position with a cash award of Rs. 10,000, while Urooj Saleem Kiyani from the 8th semester secured the 3rd position and was awarded Rs. 5,000.

RWU's 4th Annual Job Fair 2025

April 16, 2025: Rawalpindi Women University's 4th Annual Job Fair 2025, organized by the Directorate of Student Affairs, served as a dynamic platform offering opportunities to aspiring women. Various government and private organizations participated in the fair. The event was graced by the presence of the worthy Vice Chancellor, Prof. Dr. Anila Kamal.

While addressing the students, Dr. Anila Kamal stated, "At RWU, we believe in empowering our students through practical exposure and career readiness. This job fair is a gateway for our students to step into the professional world with confidence and clarity."

The event included career counseling sessions for students, on-the-spot interviews conducted by participating companies, and visits of RWU Officials, faculty members, and students to the stalls. University souvenirs were presented to all participating companies by the worthy Vice Chancellor.



Punjab Culture Day with Soulful Sufi & Folk Music Night

April 18, 2025: In celebration of Punjab Culture Day and compliance with the directives of the Higher Education Department, Rawalpindi Women University, in collaboration with the Punjab Institute of Language, Art & Culture (PILAC), hosted a mesmerizing Sufi & Folk Music Night. The event featured soul-stirring performances by renowned artists Mr. Fazal Jutt and Ms. Tahseen Sakina, captivating the audience of students and faculty with the deep spiritual and cultural essence of Punjab.



Prof. Dr. Anila Kamal, Vice Chancellor RWU, appreciated the organizers and highlighted how such events preserve cultural identity, foster unity, and nurture artistic expression within the academic space.

2nd Annual Sports Gala 2025

April 22, 2025: Rawalpindi Women University (RWU) held its vibrant 2nd Annual Sports Gala 2025, a week-long celebration of sportsmanship, community, and student engagement. Organized by the Sports Society, the event featured a wide array of competitions including badminton, table tennis, tug of war, chess, ludo, various races, and the lemon spoon race. Students, faculty, staff, and administration participated enthusiastically, adding energy and excitement to the campus throughout the week.

The closing ceremony was held with great enthusiasm and was graced by Ms. Shazia Rizwan, Member Provincial Assembly and Parliamentary Secretary for Information and Culture, as the Chief Guest. The ceremony included impressive student performances of march past, aerobics, and martial arts demonstrations.

Addressing the ceremony, the Chief Guest appreciated RWU's efforts to empower women through sports and assured full support for enhancing sports facilities under the vision of CM Punjab, Honorable Ms. Maryam Nawaz Sharif.

Vice Chancellor Prof. Dr. Anila Kamal highlighted the university's commitment to empowering female students through sports and skill development. She proudly shared RWU's national achievements, including medals in inter-university championships and the selection of a blind student, Shumaila Kiran, for the Pakistan-Australia Blind Cricket Tournament. Awards were distributed among outstanding performers, and Director Student Affairs/Additional Registrar, Dr. Huma Fawad, expressed heartfelt thanks to all guests and participants.



Mentorship Session on Entrepreneurship

April 23, 2025: The Department of Business Administration organized an engaging Mentorship Session on Entrepreneurship. The session was conducted by Ms. Sheema Ahmed, Lecturer at the Department of Management Sciences, Foundation University Islamabad.

With hands-on activities and real-time discussions, the session focused on student engagement, enabling participants to confidently present and refine their business ideas.



Poster Competition on Biodiversity

May 06, 2025: The Department of Zoology organized a poster competition on Biodiversity as part of the Rising Pakistan 4.0 inter-university competition. The first position was secured by Pir Mehar Ali Shah Arid Agriculture University, while Rawalpindi Women University won the second position.



Youm-e-Tashakur

May 16, 2025: A proud and patriotic Youm-e-Tashakur ceremony was held at Rawalpindi Women University, filled with national spirit and gratitude.

The event began with the national anthem as Vice Chancellor Prof. Dr. Anila Kamal hoisted the national flag, followed by a Guard of Honour by security personnel.

A collective prayer was offered to express gratitude to Allah Almighty for safeguarding the nation and to pray for Pakistan's continued sovereignty and security. Participants also paid tribute to the valiant Pakistan Armed Forces for their historic victory in the battle for truth.

Addressing the gathering, Prof. Dr. Anila Kamal said, "The Pakistan Armed Forces not only dealt a resounding defeat to the enemy but also showed the world that Pakistan is capable of defending its sovereignty at any cost."

Dr. Anila Kamal emphasized that the youth must defeat the enemy on academic grounds as well, calling for unity and resilience on all fronts both at the borders and beyond.

The ceremony was attended with great enthusiasm by university faculty, senior officers, and students, who passionately raised slogans of "Pakistan Hamesha Zindabad" and "Pak Army Paidnabad."



Shift to Metamodernism

May 16, 2025: The Department of English organized an engaging academic talk titled "Moving Beyond Postmodernism: Understanding the Shift to Metamodernism." Dr. Zain-ul-Maqsood from Fatima Jinnah Women University delivered a thought-provoking presentation that explored the evolution from postmodernism to metamodernism, sparking active discussion among faculty and students during a vibrant Q&A session.

As a gesture of appreciation, Prof. Dr. Rooh ul Amin, Chairperson Department of English, presented a shield to Dr. Zain at the close of the session.



Blood Donation Camp

May 20, 2025: As part of its continued commitment to community service, the Directorate of Student Affairs, in collaboration with the Jamila Sultana Foundation, organized a one-day Blood Donation Camp at the RWU campus.

This noble initiative supported SDG 3: Good Health and Well-being by promoting public health and facilitating the collection of safe blood for patients in need. The RWU community responded with enthusiasm and compassion. Students and staff came together to make a meaningful difference.



Poster Display to Raise Awareness on Human Pathologies

May 20, 2025: A poster display event was arranged by the BS Zoology students. Posters related to different human pathologies were displayed for the awareness of the audience.



Mindful Parenting

May 21, 2025: In observance of International Day of Families and Maternal Mental Health Day, the Department of Psychology, RWU, hosted an event titled "Mindful Parenting: Building Resilience from Pregnancy to Primary Years".

Students showcased poster presentations highlighting early parenting, maternal mental well-being, and resilience-building in children. Faculty and students actively participated, appreciating the students' efforts in raising awareness about vital family and mental health issues.



Eye Examination Camp

May 21, 2025: The Department of Zoology organized a free Eye Examination Camp in collaboration with Muhammad Hussain Memorial Trust, Islamabad.

More than just check-ups, the camp provided free glasses and eye drops. This initiative helped identify undiagnosed vision issues, enabling students to focus better in class and faculty to continue their work with comfort and clarity.



Nanotechnology

May 21, 2025: The Department of Botany hosted Dr. Sunbal Khalil Chaudhari, Associate Professor from University of Lahore (Sargodha Campus), for an enlightening talk on “Nanotechnology”.

She shared how nanotechnology can help boost crop nutrition and enhance resistance to biotic and abiotic stress. Dr. Sunbal explained the role of various nanoparticles in sustainable agriculture.



Entrepreneurship Gala

May 22, 2025: The Department of Business Administration organized an Entrepreneurship Gala as part of the final project for students of Entrepreneurship (6th Semester). Under the supervision of Ms. Jaweria Tariq, Lecturer, Department of Business Administration, students presented 20 innovative business ideas, demonstrating their creativity and entrepreneurial skills from conceptualization to execution and sales. The gala inaugurated by Dr. Shahzad Hussain, Head of the Department of Business Administration, provided a valuable learning experience, as students not only applied theoretical knowledge in a practical setting but also earned profits through the sale of their products.



Women Empowerment and Wellness Conference (WEWCON 2025)

May 23, 2025: The students of Psychology and Sociology supervised by Maria Muzaffar Janjua, Lecturer, Department of Psychology, and Ms. Faiq Duranni, Lecturer Department of Sociology, attended the Women’s Empowerment and Wellness Conference (WEWCON 2025). The event was organized by Cyntax Health Projects, Islamabad, under the theme “Breaking Boundaries: Building a Resilient Future for Women.” The conference featured insightful sessions on women’s mental health, leadership, emotional resilience, period poverty, and gender equity.



Career Counseling Session

May 23, 2025: The Department of Business Administration organized a comprehensive career counselling session for the students of the 8th semester. During the event, faculty members provided insights into career planning, professional growth, and academic advancement. Special emphasis was placed on the significance of pursuing higher education, particularly MS programs, to enhance their future prospects. As a gesture of recognition, certificates of appreciation were awarded to students who had made meaningful contributions through academic initiatives or co-curricular activities.



Hostel Trip to Lake View Park

May 24, 2025: The RWU Hostel Administration organized a recreational trip to Lake View Park, Islamabad, for students of the 8th semester. The trip offered students a refreshing break and an opportunity to create lasting memories.



Farewell Dinner

May 27, 2025: A farewell dinner was organized to bid farewell to the 8th-semester students. The event featured heartfelt moments celebrating their journey at RWU. Certificates of appreciation were also awarded by the Incharge of the Hostel Management Committee to the Class Representatives (CRs) in recognition of their commendable performance and contributions.



Closing Session of the Hasti Basti Internship Program with Cities for Children

June 02, 2025: The Department of Psychology held the closing session of the Hasti Basti internship program in collaboration with Cities for Children. MPhil students successfully completed a two-month internship, contributing to educational and psychosocial support for underprivileged and street children. Ms. Sameen Kamran, Programme Lead at Cities for Children Pakistan, appreciated the interns' dedication and impact during the project.



RWU Rising Pakistan 4.0

June 02, 2025: The Directorate of Student Affairs in collaboration with RWU student clubs and societies organized the annual inter-university competition "Rising Pakistan 4.0," attracting vibrant participation from over 40 universities across Punjab, Khyber Pakhtunkhwa, and Islamabad. Students competed in more than 50 categories, showcasing their talents in sports, drama, singing, sketching, poetry, debates, bait bazi, naat, qirat, and various other academic, creative, and co-curricular activities.



The chief guest of the event was Major General (R) Prof. Dr. Muhammad Aslam, who appreciated the performances of the students. In his address, he stated that it is a matter of pride that Dr. Anila Kamal is leading her alma mater. He praised RWU for its remarkable progress in a short span of time and emphasized that events like Rising Pakistan provide young people with excellent opportunities for creative and intellectual growth.



Vice Chancellor RWU, Prof. Dr. Anila Kamal, expressed that "It is good to see participation from 40 universities this year. We are committed to engage our students in healthy co-curricular activities alongside their academic development, ensuring holistic growth and skill enhancement. I take pride in the fact that this journey began with just 7 universities, and today we have reached 40. I sincerely thank the organizing team for their dedication and extend heartfelt congratulations to all winners, runners-up, and participants."

Students who excelled in various competitions were awarded cash prizes, shields, and certificates in recognition of their performance. Pir Mehr Ali Shah Arid Agriculture University, Rawalpindi won the Best University Award and the Best Ambassador Award.

RWU's 2nd Idea-Fest 2025

June 03, 2025: The 2nd Idea-Fest 2025 was proudly organized by the Department of Business Administration in collaboration with the Office of Research, Innovation and Commercialization and the Directorate of Student Affairs. The event saw the enthusiastic participation of 15 departments from both the sciences and social sciences faculties, each conducting their dedicated sessions as part of the event.

198 teams from 23 leading universities across Pakistan showcased their innovative ideas, reflecting the vibrant entrepreneurial spirit of the country's youth.

To ensure a fair and comprehensive evaluation process, a panel of 10 expert judges from external institutions assessed the presentations. In recognition of excellence, each department announced two winners - a Runner-Up and a First Prize recipient - awarded with cash prizes.



The event was graced by Mr. Nasir Mehmood Qureshi, President of the Islamabad Chamber of Commerce and Industry, as the Chief Guest. In his address, he stated “The future of our society depends on the vision and thinking of our youth. We firmly believe in the potential of our younger generation to address the challenges of our time through innovative thinking.” Mr. Qureshi congratulated the Vice Chancellor, Prof. Dr. Anila Kamal, on organizing such a dynamic and impactful event.

Prof. Dr. Anila Kamal, Vice Chancellor RWU, welcomed the participants and guests. She highlighted the importance of such platforms in shaping confidence, leadership, and creativity in students especially among young women. “Women’s financial independence is the foundation of their true empowerment,” she noted. She further quoted the World Economic Forum report, stating “Pakistan ranks 145th out of 146 countries, which is alarming. We need to provide our women with opportunities and leadership roles for national progress.”

Solidarity Walk to Condemn Terrorism and Promote Peace After Khuzdar Attack

June 04, 2025: Rawalpindi Women University organized a peaceful solidarity walk in response to the terrorist attack on a school bus in Khuzdar, Balochistan. The event saw large participation from students, faculty, and administrative staff. Participants carried placards condemning terrorism, expressing solidarity, and advocating for peace and education.



Vice Chancellor Prof. Dr. Anila Kamal stated, “Attacks on education are attacks on the future of our nation. RWU stands as a beacon of knowledge, peace, and tolerance. Such cowardly acts will never diminish our spirit. As an educational institution, we remain committed to intellectually empowering the youth against extremism.”

VISIT

Federal Minister and Turkish Ambassador Visits RWU

April 11, 2025: Ms. Wajiha Qamar, Minister of State for Federal Education & Professional Training, and His Excellency Dr. Irfan Naziroğlu, Ambassador of the Republic of Türkiye to Pakistan, visited Rawalpindi Women University’s state-of-the-art Zoology Laboratory - established with support from TIKA (Turkish Cooperation and Coordination Agency).

Prof. Dr. Anila Kamal, Vice Chancellor RWU, received the distinguished guests and shared the university’s vision for academic advancement and research innovation. Ms. Wajiha Qamar praised the modern facilities, emphasizing their role in enriching students’ academic experiences and promoting research excellence.

H.E. Dr. Irfan Naziroğlu highlighted the strong historical ties between Pakistan and Türkiye, underscoring the importance of academic cooperation and encouraging students to pursue higher studies in Türkiye. While, Ms. Saliha Tuna, Head of TIKA Pakistan, reaffirmed her commitment to supporting future educational initiatives.



Prime Minister’s Youth Program Delegation Visits RWU

April 11, 2025: The Prime Minister’s Youth Program (PMYP) delegation visited Rawalpindi Women University (RWU) as part of their ongoing engagement with youth initiatives. The visit focused on evaluating the university’s efforts under the RWU Green Youth Movement (GYM). The delegation was welcomed by Dr. Huma Rauf (Focal Person, RWU GYM Club), Oversight Committee members Dr. Sadia Malik and Ms. Khadija Saeed, along with RWU GYM Club office bearers. The delegation, headed by Mr. Jawad Ahmed, appreciated the contributions of the RWU GYM Club and discussed potential future collaborations.



QUALITY ASSURANCE

Academic Audit

May 15–30, 2025: Rawalpindi Women University (RWU) successfully conducted an academic audit, including the Program Review & Evaluation Exercise (PREE) and Postgraduate Program Review (PGPR), organized by the Quality Enhancement Cell (QEC). Led by Dr. Baqir Husnain, Director QEC, along with the QEC team and an esteemed panel of external reviewers, the process provided constructive insights into the university's academic strengths and areas for improvement.

Departments were evaluated by the external academic experts.

The review process emphasized curriculum relevance, research contributions, and the enhancement of student learning outcomes.



Self-RIPE Conducted at Rawalpindi Women University

June 27 & 30, 2025: Rawalpindi Women University successfully conducted the Self-Review of Institutional Performance and Enhancement (Self-RIPE). This internal evaluation focused on assessing RWU's Institutional Performance Report (IPR) against the 16 quality standards outlined in the HEC Pakistan's PSG-2023 framework.

The review panel comprised Prof. Dr. Rehmat Ellahi, Director DQA, IIUI (External Expert & Team Lead), Dr. Syed Hussain Mustafa Gillani, Director QEC, Kohsar University Murree, Mr. Hamayoun Awan, Director QEC, AIOU Islamabad (External Experts), along with Prof. Dr. Rooh ul Amin and Prof. Dr. Zaman Ashraf from RWU as internal members. The panel carried out detailed document reviews, interactive sessions, and consultative discussions, offering valuable feedback and actionable recommendations.



1st International Symposium on AI Horizons

May 27, 2025: The Department of Computer Science, in collaboration with ORIC, successfully organized the 1st International Symposium on AI Horizons: Revolutionizing Interdisciplinary Frontiers and Ethical Implications. Under the esteemed patronage of visionary Vice Chancellor, Prof. Dr. Anila Kamal, the symposium brought together national and international experts to explore the transformative role of Artificial Intelligence across various disciplines.

The Chief Guest, Prof. Dr. Jamil Ahmad, Vice Chancellor Abdul Wali Khan University Mardan, highlighted AI's impact on education, research, and society. The symposium attracted both national and international attention, featuring prominent keynote speakers from the University of Oslo (Norway), Lebanese American University (Lebanon), GIK Institute of Engineering Sciences and Technology (IEST), UET Lahore, Namal University Mianwali, and Quaid-i-Azam University Islamabad. A major highlight was the Poster Presentation Competition, showcasing over 40 posters from students and researchers across Pakistan, presenting cutting-edge AI innovations.



ALUMNI AND STUDENT CORNER

ALUMNI

UMM-E-HANNI

**GRADUATE OF BATCH (2019–2023)
PRESIDENT – MEDIA CLUB, RWU**

My journey at Rawalpindi Women University (RWU) began in 2019 when I joined the BS Media and Communication Studies program. As someone deeply passionate about storytelling, digital media, and communication, I found RWU to be the perfect place to explore and grow in this field. The university's vibrant academic environment and encouraging faculty helped me develop the skills and confidence I needed to thrive.

As President, I worked with an incredible team to launch creative media projects, organize university event coverage, and create platforms for students to express themselves through photography, video, and digital storytelling. The experience taught me not just technical skills, but also how to lead, collaborate, and inspire others.

The Department of Media and Communication Studies provided a strong foundation with hands-on learning, practical workshops, and opportunities that prepared me for the professional world. RWU helped me discover my voice not just as a media student, but as a young woman ready to make a difference. One of the most inspiring aspects of my academic journey was the guidance and mentorship of Dr. Noman Ansari, the Head of the Department.

Leading the Media Club not only honed my leadership and communication skills, but also gave me a deep sense of responsibility and pride in creating spaces for others to grow.

After completing my degree in 2023, I was fortunate to step into the professional media world right away. I began my career at Hum News, one of Pakistan's leading news networks. Currently, I am serving as a Senior Monitoring Executive, where I oversee content flow, media strategy implementation, and real-time news monitoring. The skills I developed at RWU, especially in media analysis, communication, and leadership, have been instrumental in this role.

Today, I carry forward the lessons, friendships, and experiences from RWU into my personal and professional life. I'm grateful to my mentors, teachers, and fellow students who supported me throughout this journey.

To all current students: *"Believe in yourself, take initiative, and never underestimate the power of your voice. Your story matters, tell it boldly."*



STUDENT CORNER

HAJRAH BIBI

PRESIDENT – SPORTS SOCIETY, RWU

Hi, I'm Hajrah Bibi and I currently serve as the President of the Sports Society at Rawalpindi Women University. Honestly, my journey here has been full of learning, challenges, and some truly proud moments.

When I first joined RWU, I never thought I would be organizing full-scale Sports Galas or coordinating campus-wide extracurricular activities. But the support and encouragement I received helped me discover my potential. Whether it was leading my team, managing events, or simply cheering from the sidelines, every experience shaped me in the best way.

RWU is not just a university with classrooms and books. It is a place where you are given the chance to find your strengths, explore your interests, and grow into the best version of yourself. For anyone who wants to study in an environment that values both academics and student life, I can proudly say RWU is the right choice.

